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Summer 2005



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Ahhhh!

Spring and summer are finally here!

If you are anything like me, you feel uplifted and revived in these beautiful months. Let me tell you, it is a great time to be on campus. The students that go home really miss the best time to be at school. During my BYU years, when I stayed for the spring and summer terms it felt like a really long party. Professors and students are much more laidback and there are fewer crowds everywhere –not to mention less traffic.

This issue is definitely a light, fun spring/summer issue. We have ideas for you on how to spend your summer months and money. We have even included stories that give you tips on summer fun here in the valley! By the way, check out the tips on getting into the Y. Then you could get this awesome magazine delivered right to your doorstep.

Speaking of delivery right to your doorstep, we have gotten such a great response from the community that Schooled will now be a monthly magazine starting in September! There has been an overwhelming demand for our amazing magazine and we will fill that demand with more issues in a year! So, look for us on your doorstep the first week of every month.

The staff of Schooled has been busy. We sponsored two events last month and want to congratulate the winners!

Also, look for Schooled Magazine at Seven Peaks this summer. We are teaming up with

Seven Peaks Water Park to have some totally fun pool parties. This will be a great way to cool off and meet some new friends.

See you there!!



Photo by Dan Lund

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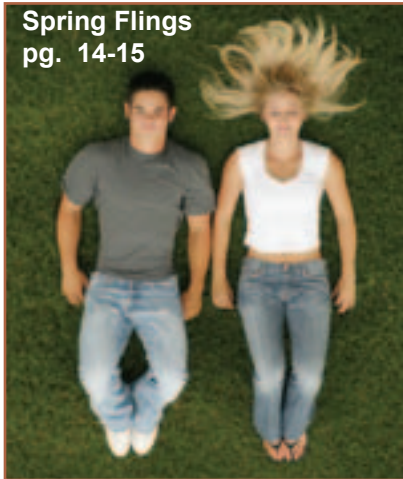
Published by Fusion of Ideas, 1043 S. Canyon Meadow #4, Provo, UT 84606, with a minimum distribution of 10,000 copies and a readership of a minimum of 40,000 per issue circulation, printed nine times throughout the year. Fusion of Ideas/Schooled Magazine is not responsible for incorrect pricing, or information listed or for loss or damage of unsolicited manuscripts. Statements, opinions, and points of view expressed by the writers and advertisers are their own and do not necessarily represent those of the publisher. Fusion of Ideas/Schooled Magazine is not responsible for typographical errors. Redistribution in whole or in part is prohibited. All rights reserved. Call for reprint permission.

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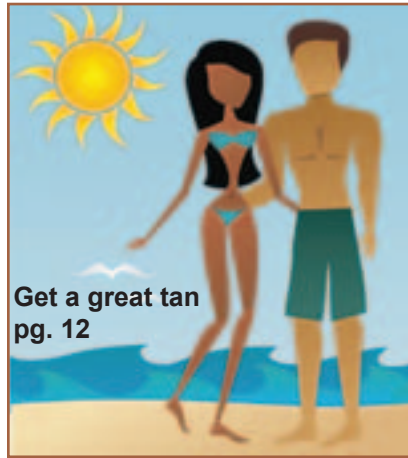
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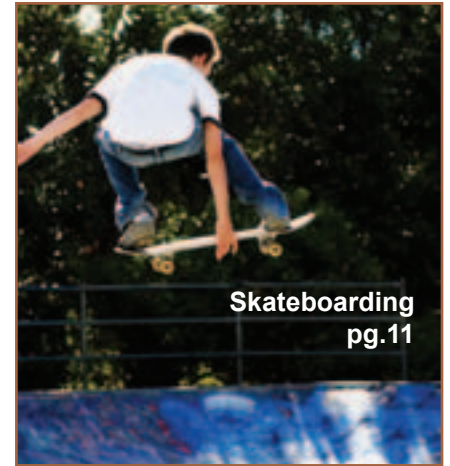
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Sorry to Burst Your Bubble!

By Bonnie Boyd

I openly admit it, I was naive. I came from Southern California where stabbings, gang fights and bomb threats were a reality. I ignorantly believed the word “bubble” accurately described Provo. After coming here, I no longer felt it necessary to look over my shoulder while walking home from the library at midnight. I even relaxed in locking the front door while I visited other apartments. However, last semester I received a big wake-up call when an intruder, who apparently had been looking in windows, went into several apartments in my complex; mine being one of them. Luckily I was away at the time but had I been there, well, I don't even want to think about it.

Open Your Eyes

But after this incident and talking to local police, my eyes have definitely been opened. True enough our little Happy Valley tends to be safer than most other places, but that doesn't mean it's perfect. Men - but especially women - often are unaware of the assaults and dangers around them here in Utah County. Peeping toms, break-ins, vandalism, stalking and even various forms of abuse are not uncommon. Perhaps the scariest part? You don't even know it.

Check Your Blinds

Living on the first floor means you've got to take precautions. I believe that's where I got into trouble. The police pointed out that the blinds in most apartments are often not good enough, especially if you're on or close to the ground. Standard blinds have holes where the string is weaved in and out, which people can actually look through. I went to look for myself and to my surprise, I could see in perfectly. Curtains or some type of cover is absolutely necessary to protect your privacy.

Don't feel a false sense of safety if you are above ground though, if the shades are slightly open, it's just as easy to see in at different angles. And people trying to look in will go to great lengths: like climbing trees, roofs or even setting up video cameras.



Beware of the Peeping Toms and Stalkers

Unfortunately, it's easy to follow someone home, either by foot or car. Peeping toms tend to follow people around that live in a specific area to make a convenient nightly/weekly route. Once they know where you live, they watch you to discover your normal schedule.

So please, don't walk home alone from anywhere late at night. You don't want to come across them by yourself because some are very dangerous. The police told several sto-

ries of instances here in Provo where men regularly watched women and then eventually broke into their apartments to vandalize it, later returning in attempts to kill the women.

Lock Your Door

The first obvious rule of safety is to always lock your door, especially when the sun is going down. These people know where the dark corners are and the places where people could walk by them without even noticing. They can watch people go in and out and know if you don't lock your door - making you a perfect target.

Don't Trust Everyone

When answering your door don't be too trusting. One common tactic among predators and burglars is to come to your door and ask for someone fictional, making you think they might be in the ward. Letting them in and closing the door as you look through your ward list is just plain dumb.

Contact Police Immediately

If you do come home and find it has been vandalized, call the police but wait with friends and save any evidence, no matter how disgusting. A paper bag is preferred over plastic in these instances. Don't go looking around alone if you notice something out of place. The vandals could still be in your home.

Watch For Warning Signals

Another type of assault common to Provo/Orem is abuse, especially in relationships. This could be anything from physical to verbal and emotional. People here tend to ignore the warning signs and make the mistake of assuming abusers can only be male.

An abusive relationship involves one individual seeking power and control over the other. It might be enforced through intimidation, threats, isolation or through emotional, economic or sexual abuse. These acts are all done with the intent of hurting someone else.

Get Help

Factors that contribute to violent behavior:

- * Peer pressure
- * Need for attention or respect
- * Feelings of low self-worth
- * Early childhood abuse or neglect
- * Witnessing violence at home, in the community or in the media
- * Easy access to weapons.

Immediate warnings that violence is seriously possible:

- * Loss of temper on a daily basis
- * Frequent physical fighting
- * Vandalism or property damage
- * Risk-taking behavior
- * Announcing threats or plans for hurting others
- * Enjoys hurting animals

Signs of potential for abuse:

- * History of violent or aggressive behavior
- * Threatening others regularly
- * Trouble controlling feelings like anger
- * Feeling rejected or alone
- * Having been a victim of bullying
- * Feeling constantly disrespected
- * Failing to acknowledge the feelings or rights of others

If you recognize signs and are worried, tell someone you trust and ask for help. This might be a family member, counselor, teacher, friend or school psychologist. If you are worried that you might be a victim, get someone in authority to protect you. Remember that reporting assault doesn't mean you have to press charges.

There are several places you can go or call if you need immediate help or council.

* The Provo Rape Crisis Center: 377-5500

* BYU Career and Counseling Center: 378-3035

* UVSC Center for Personal and Career Development: 863-7503

* BYU Women's Services and Resources Victim's advocate Office: 378-4877

* UVSC Police: 863-5555

* BYU Police: 422-2222

It wouldn't be incorrect to say our valley is safer than most places in the United States. However, the problems we have are still serious and only when people are aware and able to take necessary precautions will these problems decrease.

S

Booterwatch



Because enough
is enough

<http://provopulse.com/>

Read our
two part
series and
put a
STOP
to booting!

**MAKE SURE
AND SIGN
OUR PETITION!**

Below: Dave Bailey is running
for Mayor of Provo and is an
advocate for the students.

Photos by Deborah Barlow-Taylor



Giving Parking Enforcement the



Boot

In February of this year, UVSC student Garrett Robins got booted in the Belmont parking lot and refused to pay the fine. When six cop cars showed up and threatened his arrest, Robins stood his ground. By Victoria Bradley

The boot was unfair, and Robins would have rather gone to jail than fork over the \$40 the parking enforcement was demanding.

Robins won.

The sophomore business major from Payson, Utah was parked in the 30-minute visitor spot that night when he realized his battery had died. With the hood up and hazard lights flashing, Robins left his car for only a minute while he located jumper cables. The vulture-like booters swooped in and attacked in this car's most vulnerable moment.

Unsympathetic and unmerciful, they refused to remove the boot off of the car, asking for more proof that the car wouldn't start.

"I gave the booter the keys," Robins said. "I told him to prove it to himself."

After the car sputtered and spat but never started, the painted-into-a-corner enforcer phoned his manager, a reliable source for cold-hearted jurisdiction. He got the go-ahead to fine Robins regardless.

Outraged, Robins removed the tire himself, replaced it with a spare, and after a final attempt at resistance from the booters, he left the scene. The drug-bust caliber of law enforcement met him a mile down the road. Still confident that he was a victim of injustice, Robins pleaded his case to the cops who were won over quickly. But with the booters threatening to press charges, and the boot still in Robins' trunk, the police had to deliver a swift ultimatum. Pay up or be locked up.

Robins handed over his Wells Fargo card and promptly canceled the payment. The booting company never followed up on the case, and Robins remained uncharged.

Thousands of students have not been so lucky when it comes to the commission-driven enforcers. The private companies look for any lines crossed and arrive on the scene as the prosecutor, judge, jury, and executioner: a combination that has

been nearly undefeated.

But the students of Utah Valley are out to change that. They made it very clear at a recent event put on by Something Local. The advocate group for local music hosted a petition started by Schooled Magazine to change the local booting ordinance for good.

And Schooled is no stranger to the injustices of booting in the area. Marketing Director Russ Taylor welcomed a lawsuit after he was unfairly booted in front of his residence. Court dates are pending, but charges to his credit card are not. He is one of the brazen locals not willing to shell out a dime to crooked booting practices—not for the sake of the cash but the principle.

Among the 300 signatures secured on the petition to end that crookedness was Dave Bailey, a mayoral candidate for Provo in the fall. Bailey spoke briefly at the event about his passion for the energy the students bring to the area and his desire to give them a voice on the booting issue.

"I'm their man," he said. "I think it's deplorable they're getting charged so much, and it's the city's problem. It's time the city got involved."

The petition, that suggests the city take over parking enforcement in order to push it further into the realm of fairness, was drafted by Mason Konkle, a student making a name for himself in the booting world. The BYU student from Texas started Booterwatch, an organization out to put the smack down on local booting corruption. Hosting his revolution on his web site, Provo-Pulse.com, Konkle set up a forum for students to exchange stories and even post photos dealing with their booting escapades.

"The whole booting mess came about because, from Provo City's point of view, it was an easy solution to the parking problem," Konkle said, "and they knew we'd just lie down and take it."

But the lying down is about to end. Students can still sign the petition started by the first 300 parkers ready to take a stand by visiting Schooled's website www.schooledmagazine.com. And a rally is already in the works for the fall, where every voice can speak up with a resounding, "No More!" The face of parking enforcement is about to drastically change.

With a petition in the works, a candidate campaigning, and a rally on the horizon, the question about whether or not we can stop unfair booting in Provo is not an "If," it's a "when." **S**

Skateboarding in Utah

By Jake Black



If Ollie, Wheel Bite and Kicktail are terms with which you are unfamiliar, then welcome to the world of skateboarding. It's a pretty cool place to visit, if you never have, and one that is growing increasingly popular along the Wasatch Front. It's more than an extreme sport, though. Skateboarding, longboarding, and their cousin snowboarding, are not only popular recreational activities, but are becoming common modes of transportation and feature a culture all their own. While there is some crossover among those who ride each of these boards, each also has its own uniqueness.

Longboarding began several years ago in California when surfers needed a mode of transportation to get to the beach and catch some waves. Putting wheels on their surfboards, they invented what would become the grandfather of skateboarding and snowboarding.

"Some guys do some tricks on longboards, but mostly they are used for getting around," said Shawn Seamons of the skate/snow shop Board of Provo. "Because they are longer, longboards are better for going around corners and just riding" said Seamons.

Traditional skateboards grew out of longboards and eventually became really common. Used primarily recreationally, skateboarding has become one of the premiere events in

the Extreme Sports competitions, but especially on a local level where skaters perfect their tricks anywhere they can. Seamons said that contrary to popular opinion, Utah Valley has several great places to skate.

"There's the Provo Teen Center, the open park in Orem (at 800 North near I-15), and a bunch of places in Springville, Pleasant Grove – everywhere." In spite of this, however, Salt Lake has more. "It's a bigger metropolitan area," he said, "so it's just got more places. Bigger cities will always have more places to skate. Unless you're lazy, it doesn't suck to skate in Utah; you just have to find where to go."

Skateboarding's popularity is growing, thanks in part to the success of its cousin snowboarding. Utah has a very positive reputation for its snowboarding opportunities.

"People are always shooting movies about snowboarding here. Utah is known for creating world class professional snowboarders," said Seamons. This translates into more skateboarders. "You find that a lot of snowboarders pick up a skateboard in the summer to keep their snow skills up. Mostly they like longboards, since that tends to be closer to snowboarding, but they also skateboard to keep up on their tricks" Seamons told me. He also mentioned that the transition seems to be more from snow to skate rather than from skate to snow, though the reasons for that are anybody's guess.

What is certain, however, is that it is longboarding that is growing the fastest. "People are buying longboards more and more to use as transportation – to just get around." Seamons said that he's found that it is mostly guys who are picking up longboarding, and while some girls are too, it seems to be "a guy-thing." Girls are still skateboarding and snowboarding more.

"Longboarding is definitely more of a 'Cali' attitude – kick back, easy going, whatever. Skateboarding has more of a 'do your own thing' feel about it, while snowboarding is sort of the combination," Seamons said.

With all the parks that are open in Utah, and the ever-growing number of people who are picking up the sport, it looks like skateboarding, longboarding and snowboarding are here to stay. Or rather, here to get you around. **S**



Bronzed &

By Rae Harris

Beautiful Options for the Perfect Tan



It's the dilemma of the season -- to tan or not to tan. Sure, we all know the risks. But there's just something so tempting about flaunting your perfectly bronzed skin on those hot summer days. There's nothing like the allure of a beautiful, golden tan, but are the risks really worth it? The dangers of tanning are well documented. Skin cancer is the most common form of cancer in the United States. It really is a hard decision, but don't despair. Luckily, there are other options out there, as well as precautions you can take if you still choose to tan.

Sunless tanning provides a healthier alternative to traditional tanning. Airbrushed, or spray-on tans, are an increasingly popular trend in indoor tanning. Spray-on tans contain a chemical called dihydroxyacetone, or DHA. This compound is the active ingredient in most sunless tanning lotions. DHA works by interacting with proteins on the skin's surface to create a golden brown color. DHA is approved by the FDA and has been considered safe for decades.

Spray-on tanning is done in a tanning booth, where the tanning solution is released into the booth as a mist that collects on the skin. The misting process usually takes only a minute. The DHA will develop and begin to show results in two to four hours. However, many spray-on tanning solutions also contain a bronzer to create an instantly tan look. Spray-on tans usually last four to five days and fade gradually with skin exfoliation. You can enhance the life of your tan by keeping your skin moisturized. If you exfoliate prior to tanning, spray-on tans provide the best of both worlds. You'll get an even, golden tan, while protecting the health of your skin.

While spray-on tanning is a great option, it is also an expensive one. Tanning sessions can cost around \$20 and will have to be done at least

weekly to maintain color. For a lower cost alternative, try using sunless tanning products that are self-applied. I know, I know. these products may not have the best reputation, but they are really just misunderstood. They can give you great color if you know what to look for and apply them properly.

First, you'll have to discard the notion that cheaper is better and start realizing that with sunless tanning lotions, you get what you pay for. That \$2 bottle will indeed turn your skin orange. But there are plenty of brands out there that give great results and are worth the extra money. Look for products that contain a bronzer. This allows you to see where the product goes and helps achieve even coverage. Foams are good for this same reason. Because they are light and spread easily, they give good coverage and help prevent streaking.

Despite the alternatives, many people will still choose to tan in traditional tanning beds. If this is your preference, be aware of the risks involved and do what you can to protect yourself. As Allison Murdock, of Seaside Tanning explains, "The healthiest approach to indoor tanning is done through moderation." Start with short sessions and increase your time gradually. Wait at least 48 hours between tanning sessions and keep your skin moisturized. Remember that skin damage due to UV radiation is cumulative over a lifetime, so limit your total number of tanning sessions each year. **S**

Suggestions to minimize the risks of tanning beds:

- ☀ Consult with the salon operator to determine your skin type and optimal session length.
- ☀ Always use a tanning lotion.
- ☀ Wait at least 48 hours between tanning sessions.
- ☀ Be aware that certain medications may increase your sensitivity to UV light.
- ☀ Be patient! Start with short sessions and work your way up -- you never want to burn.

Tips given by Allison Murdock, of Seaside Tanning

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SHOPPING

Guide

By Erin Delfoe

You have got to check this place out!

If you've never experienced Taylor Maid then you're not alone. I was a Taylor Maid first-timer not long ago, but now I tell everyone they have to go. There is nothing like it anywhere in Utah.

The store is packed with amazing products at unheard-of prices. Brand name beauty products and accessories line the shelves. You can find everything from nail polish to lotions, shampoo to hair extensions. In fact, I left with a black wig (I'm a blond and have always been too scared to dye my hair) and some blond hair extensions. Adrienne, one of Taylor Maid's stylists even sewed little clips to the extensions so I could take them in and out! Then she cut and colored them to match my hair.

After I had my hair done, I moved on to the makeup. Storeowner, Rick Taylor, was extremely knowledgeable about all of his products. He showed me a line of makeup made by the same company who makes MAC, but half the price. Needless to say, I bought two eye shadows.

Later, while I was browsing through some blow-dryers and straightening irons, I was introduced to a woman picking out products for a photo shoot. Rick informed me that many people in the

entertainment business shop at Taylor Maid because of their large selection of costumes, special effects and movie quality makeup.

"Everyone from magazine editors doing photo shoots, models and movie makers shop here," Taylor said. "I've even seen Robert Redford and Donny Osmond in the store."

Taylor Maid also carries a large selection of products that are imported such as French foot creams and product lines that are only found in spas. You can even go home with a beautiful golden tan after using one of their tanning beds.

With all the great products Taylor Maid carries, it's hard to believe they wouldn't have what you want, but Rick says if they don't have it, they'll order it, and they can order anything.

If you were like me and have never been to Taylor Maid, you've got to check it out! It's your one stop for beauty, and my new favorite store!

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Spring Fling

Make it last
or end it fast?

by Stephanie Fowers

Spring. Flowers are blossoming. Nature is blooming. The soft scent of romance is blah, blah, blah. Yeah, you get the picture.

The time for romance is right, but is he or she the right one for you? Everyone knows the stress of a bad relationship, even down to the cliché break-up lines, but wouldn't it be great if you could avoid the torture before it began? We all know that dating is a process with endless possibilities of failing and getting hurt, but how else can you get to know someone well enough to know if it will work? No pain, no gain, right? Well, what about "be smart, don't start?" Fortunately, there are ways of minimizing the pain by recognizing the warning signs of a bad relationship...and the good signs of a promising one, so you can stop, proceed with caution, or run with it.

Play On Playa

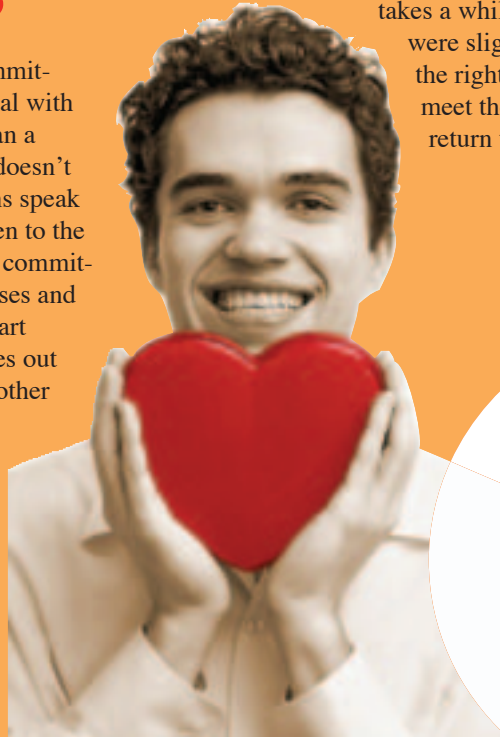
Meet the I'm Not Ready For a Serious Relationship crowd. Of course they're not serious, they're playas. And you see, there are two kinds of playas. Those that know exactly who they are and coldly calculate their next victims. And those that are completely blind to it but can clearly see each new toy that comes their way. Playas exhibit all the warning signs. Just look at their track record: a string of significant others in a short period of time, a slew of complaints, a series of angry ex's. Watch for the rebound (leaping from one interest to the next in a single bound). Poor Romeo couldn't eat or sleep because he was desperately in love with Rosaline...until he met Juliet. Had he not met his untimely end before the chase got boring, most likely his affections would've wandered. But never fear there are those who are actually sincere in their affections. They present themselves openly because they have nothing to hide.

Just Friends

Then there are the I Just Want To Be Friends, What Were You Thinking group. These misleading flirts make you believe you're the main dish, though they have plenty of side dishes lined up... just in case you don't pan out. It doesn't matter what the priority is (whether it's work, school, or other interests), even if you're patient, you won't ever be it. So let's face it, if you want someone who likes you as much as you like him or her, find someone who actually cares about you. The signs of someone who cares are much more straightforward and easy to read. They will invite and help make plans for more dates. And they have no problem sacrificing their time to see you. In fact, they will find every excuse to be with you.

Misleading Noncommittals

Let's not forget the I'm Not Ready For Commitment, But It Doesn't Show club. They're casual with their physical affection because it doesn't mean a thing. They're the fast and the furious, and it doesn't matter what sweet promises they make, actions speak louder than words. They're noncommittal, even to the point where they can't even keep the smallest commitments of calling you back. They'll make excuses and eventually drop out once they've torn your heart out. Fortunately, there are gentlemen and ladies out there, who love pure and chaste from afar. In other words, they take it slow because they actually plan for the relationship to last. These are the winners in the end.



look at your relationship from multiple perspectives (emotional as well as logical). If you're in a dating relationship that's no good, stop it before the mistake gets worse. And above all, don't get bitter when you're dumped or fed a line, just get smarter. Even if it takes a while, you'll look back and be relieved that you were slighted by the wrong person, so you could be with the right person. And if by some miracle you happen to meet the right person this spring, do them a favor and return the favor by being the right person in return. **S**

Stop wondering, "Does he love me? Does he love me not?"

Wishy-Washy

And then there's the Break it off, so I can Figure Things out troop of fickle wishy-washers. They start off hot and leave you cold. They'll think it over, deliberate, and ponder...until they dump you on your head. They play with your emotions like you have none, give you chances when there is none and keep you around until something better turns up. But don't worry they give off plenty of danger signs. They usually act too busy for you and put you on the backburner while setting restrictions on the relationship, and then they get irritable when you break through those restrictions. Now if you want the opposite, look for the straight arrows. They only go for what they want. Yes means yes and no means no. And when they say yes, you'll know it. You'll definitely feel welcome in their presence.

Pity-Partiers

And finally, we have the There Are Other Things I Want in Life, Besides You manipulators. If they can get you to feel sorry for them, they can get away with walking all over you. Somehow they always end up being the victim. They play with your protective or nurturing instincts...until you find yourself comforting them and apologizing to them when they stomp all over you for reasons that are no fault of their own. Soon, you are defending these manipulators to everyone...until time and distance makes you see everything clearly.

Luckily, you can avoid the mind games by going for honest types who aren't afraid of responsibility. They won't try to fool you because they are secure with themselves. This means their walls are down and the doors of communication are open and you'll be able to get closer to them to have a healthy, thriving relationship.

You see, no matter the season, see some reason. Step back and

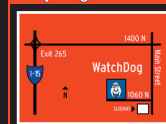
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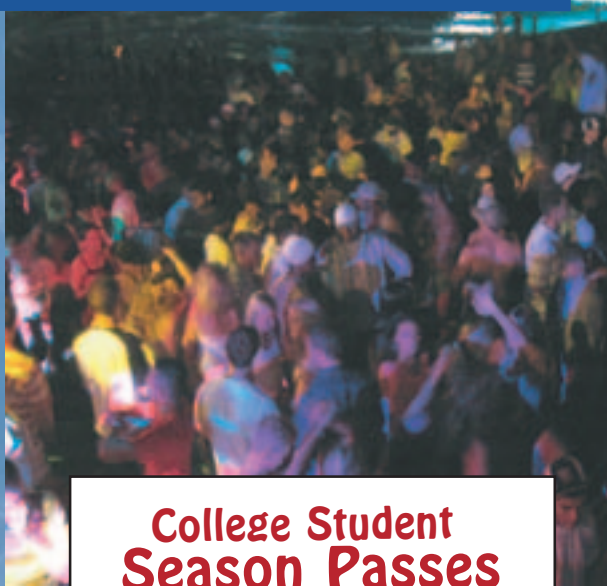


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The Places To Be

By Amy West



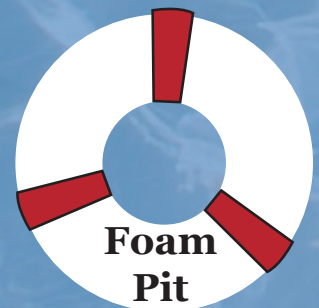
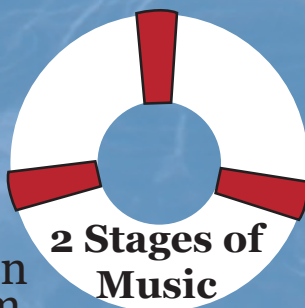
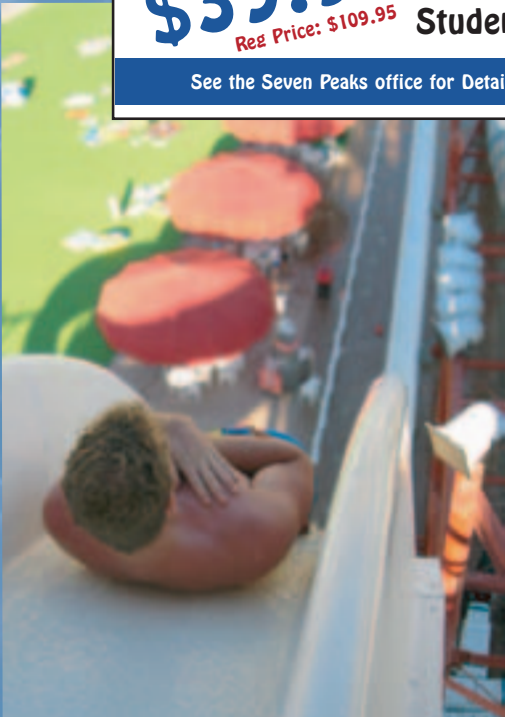
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See the Seven Peaks office for Details

Seven Peaks is livening up the summer with pool parties for college students that are more than the common backyard summer BBQ. You know the ones I'm talking about - where 50 guys show up hoping for just one bikini with legs to attend. These summer smashes are hosted by Schooled Magazine. So get ready for an upgrade of everything from sound and lighting to a new 50 ft. screen. Two stages of live music featuring your favorite hip-hop and Top 40 hits bump all night long, while the waterslides, wave pool, hot tubs, and rope swing pools remain open in case you decide to take a dip. Plus, girls get in for only \$4 before 10 p.m., while guys get in for \$6, making the whole deal that much sweeter. Check out the Pool Party dates in the summer schedule and remember, the gates open at 9 p.m. and the party goes until 1 a.m.

But one of the best attractions this year is the addition of Hunt Murder Mystery Nights. This activity is much like the "How to Host a Murder" mysteries you do at home, except it is performed by professionals, your meal is catered and you are surrounded by all of your best friends. Also, there are added prizes for the "sleuths" that solve the mystery, free swimming after dinner, and no one to tell you to wait 20 minutes before hopping into the hot tub. You can get all this for \$19.95 per person or \$35.95 per couple - less than dinner and a movie. Seats are limited, so call (801) 377-



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4FUN for reservations or see www.huntmysteries.com for more details.

What goes perfect with a new 50-ft. screen, tubes floating in the wave pool, hot tubs and lawn chairs? How about a viewing of the hottest new movies available? Pool Side Cinema is also a new attraction to Seven Peaks giving college students an excuse to wear bathing suits late into the night.

All college students get these sweet deals at low prices. With your student ID, you can even get a season pass for only \$39.95, which not only gives access to all of the usual attractions, but also includes 10 percent off food and drinks all summer long.

Seven Peaks still not cheap enough for the way you like to mooch all summer? Then check out the Courtside and Remington apartments across the street from UVSC. Sign a contract with either complex and get a free season pass, plus access to all the pool parties and movies you want. Call (801) 221-1600 and move in today.

Want more summer fun deals? Trafalga Family Fun Center has upgraded their go-carts and created some great student discounts on miniature golf and batting cages making it a college friendly place to be. Just take the Orem Center Street exit on I-15, or go to 168 South 1200 West. Make Seven Peaks and Trafalga your main stop to cool off this summer. Visit www.sevenpeaks.com for details on upcoming events. **ADVERTORIAL**



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Hot Spots for Hotties

Why waste another night wishing you could get out and have fun meeting people? No matter what your hobbies, or what you love to do for fun, there are plenty of places to go where you can meet others who enjoy the same things you do. We asked around and compiled a list of places people recommend going. When you just can't do any more homework, be brave and do something new. By Bonnie Boyd

For the people who love to dance, we found a place for you. Every Wednesday night at the Provo Community Center, on the corner of 500 North and Freedom Blvd., UtahCountryDance.com holds dances for \$5. A girl and guy are not sitting down long before they're up again. You can go and hear instruction from 9-9:30 p.m. and then dance until midnight. Country swing dancing and the two-step are the most common, but that doesn't stop people doing the cha-cha and tons of line dances slipped in-between. Overall, it's a great way to meet a large amount of people who just want to dance and relax. The best part is you can show up without knowing how to dance and leave having learned them all.

A way to meet people with similar interests is to go online and check out your school's clubs and the activities they are planning. This is the best way to find people who enjoy the same things you do. Like hiking and being outside? Try going to an outdoor club event. I was told of a woman who met her husband through a random activity she decided to attend. Whether you want to hike, talk politics or speak French, this is a great way to have fun and mingle.

Love music? The best way to meet people is to attend local concerts. Some are heard of by word-of-mouth, and others are held in places like the Hollywood Juice Café and Muse Music. Look at the posters, pay attention to

flyers. Check online for Open-Mic nights at Muse Music and concerts at the Hollywood Juice Cafe. Crowds range from small groups to a huge party atmosphere. They usually are free, but you won't spend more than \$5.

Many people who love to exercise or play sports say that an added bonus to joining a gym is that they can meet people. Going at the same time on a regular basis makes it easier to become friends with the people around you. Gyms are convenient places to meet people because you automatically have places to play tennis, basketball, swim, take dance classes or just work out together.

Don't forget places like the ice-skating rink, the roller rink and climbing walls. These are great places to do something more physical and still give you the chance to bump into people and strike up a conversation.

Remember the more places you go, the more your chances increase in meeting others just like you. Most of these places can be found in Provo and Orem. You're only young once, so put down the homework and get out there! **S**

Try meeting someone hot at a concert. Who knows, you might get a date with the lead singer!



BYU Application

by Bonnie Boyd



Myths

Don't be humble on your application, let them know you're a

SUPER HERO!

If you are looking for ways to get into Brigham Young University in the fall, you've come to the right place! Here are a few tips to getting into the Y that not everyone knows.

I talked to the director of admissions for BYU, Tom M. Gourley. He said the most common mistake prospective students make is in being too humble on the application. Part six of the school's application involves checking off boxes regarding your strengths, extra curricular activities, talents and a multiplicity of other topics.

"When I go out and talk to students I tell them to go out and get involved, do service in your church and community. Then when it comes time for the application they have done it but don't write it down or tell us; they're trying to be humble," said Gourley.

Another misconception is that the average GPA (3.76) and ACT/SAT (27.4) between new students accepted last year is actually the minimum. The average is the average, and BYU takes all kinds of students. There are those who are admitted with a GPA of 3.00 and ACT scores of 20. If you don't have a 3.90 GPA a high ACT score tends to balance everything out, and visa versa.

For those who are in high school or another college, the advice to you is to attend seminary/institute, and get involved. Study your hardest, and try to do well on the important tests. However, if it's between you and someone else with the same GPA and test score most often than not, the spot goes to the person who has practiced a talent, participated in community service or held leadership positions.

If you don't get in right away, sometimes it just takes time and a little more persistence. If you really want it and work hard, it will come. Take it from one who knows.

S

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I Scream, You Scream,
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Ice Cream!

By Jake Black

You know what it's like. You're on that date, and while she might think that you have everything well planned out, you have no idea what's going on. The movie you just saw was good (even though you paid more attention to your date than the film) you still want to impress her with your high class tastes. Looking at your wallet, you realize there's not too much in there. What do you do? The answer is simple: get custard. Frozen custard, that is. Utah is very fortunate to be home to Coney's Frozen Custard, a restaurant that features this unique dessert, and was voted Best Ice Cream in Utah Valley on citysearch.com, as well as winning Best Dessert at Taste of the Valley two years in a row.

Frozen Custard is a gourmet ice cream treat that was first served in the turn of the 20th century along the boardwalk at Coney Island, NY. Since then it has grown tremendously in popularity. When asked why he brought the style of ice cream to Utah, Coney's owner Jason Christensen said, "I'd spent a lot of time traveling in the east coast. I'd had frozen custard back there, and really loved it. I thought it would be a nice addition to Utah Valley." And while the ingredients are kept strictly confidential, the primary difference between frozen custard and ice cream is less air and smaller ice crystals which result in a smoother texture and more flavor.

In addition to a variety of custard flavors, the restaurant also features other "real" food items like hamburgers, french fries and the ever-popular ConeyDog hotdog. Another popular item at the restaurant is the "flavor of the day," which Christensen describes as, "special flavors like cherry amaretto cheesecake or grasshopper fudge that are only available that day because we make and serve our frozen custard fresh." The flavor-of-the-day calendar is published each month on the web or available in the store. Also popular are sundaes and Cyclones®, which feature several delicious toppings and mix-ins of your choice.

So the next time you are on a date, looking for the perfect way to top it off, head over to Coney's! A Cyclone® or a waffle cone awaits! And I promise she'll be impressed by your class. Coney's is located at 242 East University Parkway in Orem, and on the web at coneycustard.com **ADVERTORIAL**



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PUT YOUR BEST *Foot* FORWARD

By Amy West



Summertime is upon us. It's that time where shirts get tighter, skirts get shorter, and those toenails you've been hiding all winter in stinky leather boots finally make their way out into the sunshine.

According to IN STYLE magazine, natural looking nails are in this summer. Less is more – especially if you're going for that laid back, inherently glossy, summer look. This means you want to spend a lot of time buffing those nails. Buff them until they gleam through that beach sand!

Think your nails are too leathery to wear out without a heavy layer of polish? It just may be due to lack of nutrients in your eating habits. Cracking, brittle nails, or those ugly white spots all go back to what vitamins and minerals you're getting and your liquid intake. To ensure healthy nails – eat healthy yourself.

If you just can't go out without wearing that sexy red nail polish at least make it last by applying a top and bottom coat along with your color. Remember to wear gloves to protect your hands when doing dishes or anything that soaks them in water (soaking will cause nails to chip or peel sooner). Also, to avoid chipping, apply an extra top coat once a day. This will keep your nails looking newer for longer.

Amoresse is supposed to be the best nail polish out there. It dries quickly and doesn't chip forever – perfect for the late night summer life. Unfortunately there are no Amoresse dealers in Utah, but you can order directly from the company or from the nearest dealer in Colorado.

Shauna Lloyd from Aspen Beauty Salon in Provo recommends a quick drying spray to help nails dry quickly. You can find this at Sally's Beauty Supply in Provo right next to 24 Hour Fitness. Lloyd also says that no home manicurist should be without some cuticle oil or their three-way buffer.

One trick you may want to try to get rid of those crackling cuticles is anointing them with Vitamin E before you go to bed. You'll wake up with your cuticles softer than ever. And by doing it at night it won't interfere with your day out on the lake.

Whether you choose to get your nails done professionally or not, upkeep is something you need to do on a daily basis – that's where you make the change into a summer sensation. **S**

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Comedian

If you were to take a moment and think of the people in your life that you always want to be around, they probably all have one thing in common: they make you laugh. What it is about laughter that has such power over us? It is a universal language, spoken the same way in any tongue. Interestingly enough, laughter cannot be consciously activated. It can only be inhibited. Don't believe me? Try to laugh on command. But don't be surprised if your roommates spontaneously start laughing at your attempts. It will just prove my point.



**Good
Clean
Fun**

All photos by Dan Lund

Top: Matt Mattson

Bottom: Hailey Smith

ns Laugh it up in Provo

We can laugh before we can speak. And yet, one of the first forms of communication we learn will stay with us until the day we die. Laughing is a social thing. It helps bond people together, which is why we often feel that connection with comedians

I had the opportunity to interview some of the best comedians found in Utah Valley, and I dare say it was an honor and a pleasure. From the moment I first shook their hands, they welcomed me into their lives as a friend. I learned that the greatest of comedians have two things in common: An uncanny ability to turn any event into a funny story, and a heartfelt desire to make better the lives of others through comedy. Whether you're looking for a good date, a good time, or just a good laugh, they can definitely help you. Just don't blame us if you laugh so hard soda comes out of your nose, you pee your pants or if your sides hurt when you leave. It's OK. It's a humor thing. Serious people wouldn't understand.

This article is a tribute to these comedians and their gift of humor that they have chosen to share with us. They are more than the 'salt of the earth.' I think they are more like the sugar. **By Jeremy Holm**

Michael Birkeland



Comedy Club of Choice: Fat, Dumb, & Happy's

Hometown: Chattanooga, TN

How Many Years in Stand-up: 13

First Place You Performed: "It was in New York City. I was on a double date. And the girls joked and said they would kiss us if we went up and performed. So, I did. The manager told me to tell a short minute-long story. Afterward, he told me to come back next week. And then the next, and so on."

How Do You Feel About Performing in Provo? "I like it! I'm a pretty clean comedian. I've performed here for years and I love it. That's why we opened this club. It's TV-clean, but we bring in comedians from all over the country. This is a bona fide comedy club and we want people in Utah Valley to have a good experience with big named comedians."

Why Do You Love About Doing Stand-Up? "Again, I watched Johnny Carson as a kid when he had more stand-up comedians on his show. I love the fact that you're up there alone. If you bomb, or if you're funny, it's all you. You're on the chopping block and you have four minutes to make it, or you're never coming back to that club. But it's the entertainment value of entertaining people. The immediate satisfaction of the laughter is a rush, a real thrill."

What are the main sources for your material? "My life...or my previous one but not too much about the future. I'm a storyteller. I like to use life's experiences, whether my own or others'. I like to use funny names too, maybe pick on someone in the crowd a bit. Get their curiosity piqued. I also like to joke about relationships, especially when here in Provo."

What advice would you give to aspiring comedians? "Take notes of your life's experiences, along with your jokes -- even the crappy ones. Work them out over time, then try them out. If they work, use it. And use your audience. Learn to feel what they are feeling. If you think you're funny, prove it. Get up and entertain people. We need good comedians. Get up on stage. Then get up again. Watch other comedians, too. Learn from them. Oh, and quote Stuart Smalley."



Matt Mattson

Comedy Club of Choice: ComedySportz

Hometown: West Jordan, Utah

How Many Years in improv? “Since the womb- I improvised my birth. But formally, for about three years. I dabbled some in high school, too.”

First Place You Performed: “It was back in high school. I used to MC assemblies. We had what was called the ‘Mr. Grizzly’ contest at my school and I won one year. My brother did the next, and for his skit we improvised a scene for his talent. I started at ComedySportz in 2001 and I was extremely nervous and very excited, mostly excited, OK, nervous. There I said it! Are you happy?!”

Do You Like Performing in Provo? “I feel safe here because of the “womb” that is Happy Valley. ComedySportz is packed here in Provo, and it’s funner (more fun) to perform for crowds. And these crowds are right down my alley -- college kids -- I get their humor because I have the same down my alley.”

What’s a Bad Night Like? “When you’re up there, sweating like a hog... and nothing works, so you get frantic. All you can hear are crickets, and no amount of scrambling helps. You hope to regain the crowd’s favor, but you have to be careful not to try too hard. When that happens, you need to step back, stay calm, and do good improv, or just cry afterward.”

What advice would you give to aspiring comedians? “Draw from what is real. True humor comes out of things that are genuine. And the truer you are to that emotion, the funnier it is. Anyone can use a gag, but sincere humor comes from your experiences. Don’t be afraid to let your emotions drive your comedy. Also, shower.”

Comedy Club of Choice: “Fat, Dumb & Happy’s”

Hometown: Pleasant Grove, UT

How Many Years in Stand-up: eight years

What Was It Like Getting Started as a Comedian? “The first place was in Boise Idaho, called ‘Funny Bone.’ Then I came to Utah to Johnny B’s and then I did a little improv up in Washington. Now I’m back down here in Provo. All my life I was the jokester. I would always perform, doing anything to get a laugh. Doing that in front of a large audience was tough, but you get used to it. I love it now.”

Why Do You Love Being A Stand-up Comedian here in ‘The Bubble’?

“Honestly, I love to perform elsewhere, but I love Utah, too. It’s good. Here you can do comedy about the church, but I do mostly other comedy. Why do I love stand-up? Because I love people. I love to see them laugh. I’ve been through some tough times in my life and I know life can be hard. I just want to make people laugh, make them feel better. That is my mission.”

What Was Your Worst Night Like? “Oh, man. I bombed in front of about 1,800 people at a corporate event. Two other comics didn’t show up, so I got up there alone. I had them rolling at first, but then it just went downhill. Finally the president of the company got up and said ‘That’s not our style.’ I just went home crushed. But you have to get back up again. That’s what I would tell aspiring comedians. Get up there as much as you can. It’s who you know, so send in tapes and get to know other comedians. And be who you are, don’t steal other comics’ jokes. Don’t give up, even if you do mess up. Get back up there.”

What are the main sources for your material? “Embarrassing moments. Mine...or someone else’s I know. I also get a lot of it from people watching. Like, I can go to the mall and just watch people and some of the funny things they do. Then, I make up a story about it and use that in my routine. Everyday stuff.”

Johnie Tolman





Hailey Smith

Comedy Club of Choice: ComedySportz

Hometown: Claremont, California

How Many Years in Stand-up: Four years in improv

First Place You Performed: “With a group called Underground Improv. I had some friends who got me involved and I was really, really nervous that first time. I think there were maybe 10 people in the audience. But once we got started, it was a blast. It all smoothed-out in the end.”

Do You Like Performing in Utah Valley? “Yes. We have to keep it clean, and that caters to the comedian. You have to be more creative in your humor when you have parameters. It creates a positive atmosphere. You don’t have to worry about offending anyone. You won’t have to worry about anyone getting up and leaving halfway through.”

What Was Your Worst Night Like? “Oh, man. I’ve had some bad nights. You have to move on and forget about them. The worst times are if I’m trying too hard, or when my mind just goes absolutely blank.”

What are the main sources for your material?

“Truth is funny. I try to think about what is funny to me in my world. I like to do some characters that are over the top, but for the most part, real life is the funniest. When something bad happens to me, I’m always thinking: ‘How can I turn this horrible experience into something funny?’”

What advice would you give to aspiring female comedians? “Don’t try to be a guy to be funny. What

I mean is be real to the life of a girl. Any guy can get up there and burp and it’s funny, right? But if a girl does that, not so much. Use relationships, what it’s like as a roommate, wife, mother, etc as your material. Try to use your own experiences.

And don’t try too hard. Don’t be intimidated by all the guys in improv. Just always push yourself. That is my goal.”

S

We’d like to thank
all of the
comedians for
contributing to
this story.

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Summertime Blues

Well I'm gonna raise a fuss
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About workin' all summer
Just tryin' to earn a dollar
...Sometimes I wonder
What I'm gonna do
There ain't no cure
For the summertime blues
- Eddie Cochran



How to make that summer money last

By Angelina Barlow

Perhaps Eddie Cochran sang it best—there AIN'T no cure for the summertime blues! Especially when the money earned is supposed to last all school year long. Here are a few tips to help make the summer money last long enough to make the summer toil pay off.

Put your first paycheck in the bank

...and don't touch it! After that, allow yourself to spend only 10 percent of every paycheck after that. If you earn \$400 a week and you work for 12 weeks, you'll have saved \$4,360 by the end of the summer. That can buy a lot of semester fun (and groceries, too).

Put your money in the slammer

...well, sort of. If you are confident that you won't need to touch your money for an extended period of time, you can lock it away in a certificate of deposit (CD). Six months to five years later, you can bail out your money while it has grown with a more generous interest rate than you can typically find in a regular savings account. Also, having your money behind bars may be the kind of discipline you need to keep from spending it.

Budget, Budget, Budget

Money is pretty finite stuff. It is hard to get \$10 out of \$5. So, at the start of the semester, sit down with your calculator and figure out exactly how much money you HAVE to spend (needs).

This may include rent, typical grocery bill, car insurance, tuition, etc. Notice that this list did not include gas money and dining out. Those are costs that YOU can control by taking the bus or packing a lunch. Hopefully, the price tag of your needs does not surpass the amount of your savings. If it does, you will know from the start that you may need to pick up a side job.

Just walk away

...from what we will call "wants". This includes new outfits, expensive haircuts, new movies, fancier cell phones, unnecessary cars, elaborate spring break excursions, etc. Unless of course you are left with excess after your needs are taken care of. In that case, simply divide that excess by how many months you'd like it to last and you'll have the figure you can spend each month. If you have a specific item you are saving up for, factor that in, too. Congratulations. You now have a very simple budget plan. Now stick to it!

Volunteer as an intern near your college

Often internships develop into paid positions. If you can prove yourself valuable enough during the summer months, you may even find that you can continue to make money during the semester—while building your resume and pool of experience.

Don't incur unnecessary costs

Be smart. Don't get caught with bounced check fees. Stay on top of your credit card account to avoid identity fraud. If you take the 10 minutes to reconcile your accounts now and then, you will be making about \$200 an hour—probably better than your summer job. On that same vein, don't get caught in credit card debt. Once you are caught in deep debt, it will take quite the summer job to dig you out.

Do periodic budget reviews

Remind yourself about your budget by dragging out your calculator half-way through the semester and checking if the numbers you crunched at the beginning are working out as anticipated. If you find that you are overspending, analyze where your money is going. Ask yourself, is it really economically responsible behavior to feed your Café Rio addiction in this gluttonous manner?

Let's say it together, "economic dating is OK"

The bill for the date doesn't have to be steep to impress. What is impressive is a person disciplined enough not to spend easy money and one who can be creative enough to find an inexpensive activity. Date outside the "dinner and a movie" box. Attend an art opening. Do service. Go lawn bowling with household items. Read Schooled Magazine together—it's free!

S

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Must Read!

One of Schooled Magazine's writers, Stephanie Fowers, has just published her first book! Rules of Engagement is a laugh-out-loud, exciting, and romantic story that you don't want to miss!

Local Book Signings:

- * May 20th at BYU Provo, 12:30 p.m. - 2 p.m.
- * June 4th at Provo Seagull, 11a.m. - 12:30 p.m.
- * June 4th at Spanish Fork Seagull, 2 p.m. - 3:30 p.m.

"This unforgettable book is just what BYU students need today- a confirmation that we all go through the same things when it comes to dating, tough situations, roommates and single wards!"

-Deborah Taylor
Managing Editor, Schooled Magazine

Let us know what you think about Stephanie's book! E-mail us! Read a great book recently? E-mail us with your suggestions for our upcoming book review section! schooledmagazine@fusionofideas.com



Summer Vaycay Ideas

By Stephanie Fowers

Provo may be landlocked, but (now that the snow has melted) the land is flooded with tourist attractions and national parks that are beckoning stronger than any siren's call. There's more than enough to keep you occupied this summer. So, kiss your lazy days bye-bye. It's time to set sail and explore the neighborhood...



Park City

There's more to life...and to Park City than skiing. There's fly-fishing at Jordanelle Reservoir, hiking at Soldier Hollow, backpacking in Uinta Mountains, camping at Wasatch Mountain State Park and so much more. Plus, don't forget the Outlet Mall, featuring: Reebok, The Gap, KB Toys, Banana Republic, as well as a whole block of other stores overflowing with discount prices. So, even if your schedule is jam packed, this is one excursion close enough to home to schedule some excitement before you go back to the real world.

Directions: Go N University Avenue/ HW 189 for 27 miles. Turn L onto S Main St. Follow HW 40 W for 13 miles. Take exit 4 to Park City.

Approximate Travel Time: One hour, 45 miles.

Further information: 800.453.1360

Little Hollywood, Kanab

Lights, Camera, Action! You didn't know movie magic was so close, did you? Well, now you can enjoy Hollywood's little slice of home away from home in Kanab, a humble little town where stars shoot their westerns. The backdrop is perfect, come check out Robber's Roost, walk Little Hollywood's Walk of Fame, and see the Western Legends Round-up. Visit the movie sets and witness gunslingers go at it in Frontier Movie Town...where even you can star in your own movie.

Directions: I-15 S (168 miles), exit 95 toward Kanab. Turn L onto HW 20 (20 miles), turn R onto HW 89 (10 miles), turn L onto E Center/ US 89, then follow US 89 (67 miles) until reach Kanab exit.

Approximate Travel Time: Five hours, 270 miles.

Further information: Kane County: 800-SEE-KANE

Las Vegas

Viva Las Vegas! Sure, there's more to the city than losing money. Take a look at the fountains and gardens at the Bellagio. Visit mini

Start planning your summer Vaycay, 'cause we're taking the ultimate road trips!

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Directions: I-15 S (380 miles).

Approximate Travel Time: Six hours.

Further info: 702.735.1616 or go to www.lvchamber.com

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BYU & UVSC **move over!** By Jake Black

Cutting edge style and high fashion. That is what students in the Provo/Orem area can expect to find with the impending opening of the Chrome Academy, a new school instructing future hair stylists and estheticians in their crafts, being built in the former Gold's Gym building at 1640 South State in Orem.

The school will open the first of July, with grand opening celebrations from July 1 -11. Owner Forest Hale is excited about what's happening.

While the emphasis of the Academy is on training new talent in the cosmetology industry, customers are welcome to

come to the Academy and receive full-service hair, skin, and nail treatments.

"We provide discounted services for the general public, so if you want to get your hair cut, colored, or styled, receive a facial, or get your nails done by a fresh new talented artist, come on down!" Hale said.

What makes the Chrome Academy unique is that their students enter a program where the instructors are all required to be Toni&Guy (TIGI) educated. TIGI is a hugely popular company throughout the world. "They originally started and have been huge in Europe for the last few decades," Hale said, "and are a really big name here in the states now. They are now at the top of the hair

industry. You've probably heard of the Bed Head and Catwalk brand of products, that's their (TIGI's) line."

The Chrome Academy has a unique relationship with TIGI, "We are a boutique academy and not a franchise of TIGI. We get to use their products and incorporate their styles and methods, but they don't own us, and we are teaching many other styles that are current trends and newer evolving ones."

Hair stylists are consistently in demand, and by being trained at a school with the quality of cosmetology education that the Chrome Academy offers, future stylists enter the industry with a greater advantage. The students are professionally trained by instructors who have been educated at Toni&Guy Advanced Academies and are up to date on the latest styles and techniques. "All instructors are required to attend several hair industry shows and events around the country throughout the year. This is another factor that sets us apart from many of the schools. The instructors all know what the trends and coolest styles are. This industry is continually evolving and we can't teach last years styles and expect to get away with it. We teach cut, color, and styling basics and then kick it up a notch by infusing the latest trends. The students know what's going on and deserve that kind of current education."

Hale said that there are exciting things in store for the academy, including a future alliance in massage therapy and a physical rehabilitation program that makes good use of the Gold Gym's swimming pool. He invites anyone who wants to watch the Academy's progress on construction to stop by and check it out. "Come by and tour the facility and get your questions answered. This school's educational program and physical facility are going to be world class.... simply incredible!"

The school is currently taking applications for July and September enrollments For more information, check out www.bedheads.school.com on the web or call (801)-434-TIGI (8444).

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SCHOOLED On Location

Check out where Schooled Magazine has been!

(L) Managing Editor Deborah Barlow-Taylor (M) Editor in Chief Traci Marinos (R) Marketing Director Russ Taylor at the Halo 2 Tournament.

Promotions Director, Matthew Fischer & friends at Guitars Unplugged in the Marriott Center at BYU.

Top three winners of the Schooled Halo 2 tournament (M) Casey Muir took 1st place.

The top three Halo 2 tournament teams line up for a photo shoot. (far left): Monglers Mafia: Jason Rippon, Blake Porter, Mark Gonzales, & Paul Penrose won 1st place.

Russ Taylor getting ready to play some HALO 2.

At the Rex Lee Run, sponsored by BYU students (L-R) Elizabeth Marinos (Secretary of The Cancer Research Center, Christian Marinos (Acct. Rep.) Editor in Chief Traci Marinos and Brittany Marinos.

Marketing Director Russ Taylor, at The Biggest Party, talking to students about the booting petition.

WIN YOUR WEDDING
Grand Prize Winners: Christopher Bird & Shannon Albright (getting married July 24th in Salt Lake City)

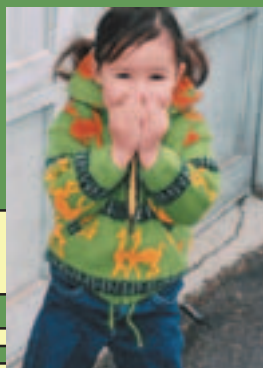
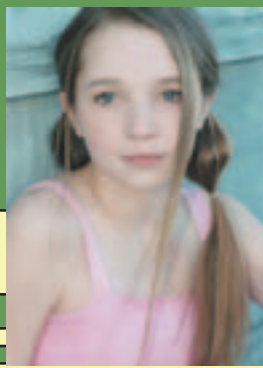
Editor in Chief Traci Marinos and husband Todd help at the competition.

Feature Editor Kari Adams (bottom) and Mary Quintero (top) at the Canyonlands Half Marathon

Brides-to-be stuff their faces full of a dozen donuts to win their dream wedding.

Jeremy Holm (Feature Writer) and January Erskine at The Biggest Party at Hollywood Cafe.

Schooled Magazine owner, Russ Taylor at the March BYU entrepreneurial conference.



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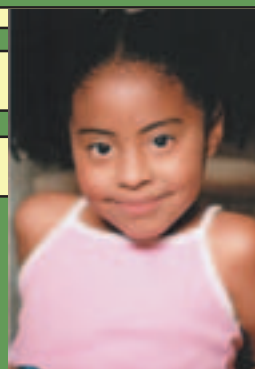
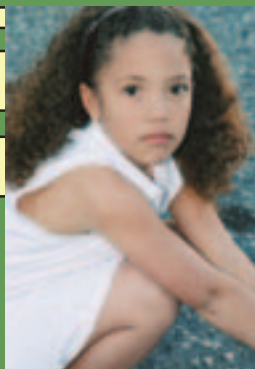
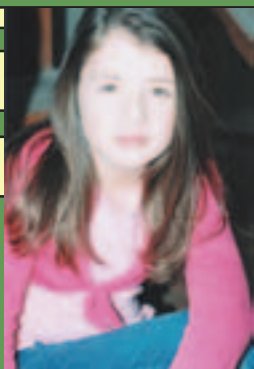
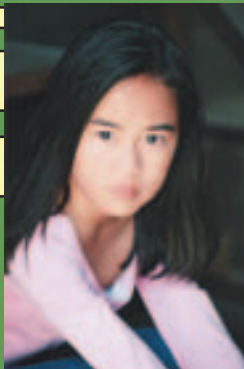


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