

for the student | by the student

Schooled

Magazine

The Summer Fun Guide

**Amazing Local Events,
You Don't Want To Miss**

Unique
Dating
Activities

**Exciting Weekend
Getaway Ideas**

CHECK OUT OUR LONGBOARDER'S BUYING GUIDE

Summer Fun Guide

At Schooled Magazine, we believe that if you're bored, you're boring! Don't waste your free time! While you're here at BYU or UVSC for the spring/summer terms, make the best of it! Here are some great ideas for you to try something on your own, meet some new people, go with some friends, or make it a date! There are plenty of different things in Utah Valley to keep you busy!

By Deborah Barlow-Taylor & Rachael Cutler



Picnic Or Sunbathe In Provo Parks

Enjoy the summer weather! Have a picnic, play some outdoor sports, or sunbathe at some beautiful local parks. Here's what each park has to offer.

Bicentennial Rotary Park (1400 S 1600 E) includes pavilions, picnic tables, playground equipment, restrooms, duck pond, large trees, and sand volleyball.

Bridal Veil Park (Provo Canyon) includes picnic areas, BBQ grills, trails, fishing, and a waterfall!

Canyon Glen Park (Provo Canyon) includes pavilions, picnic tables, BBQ grills, playground, restrooms, fishing, river trail, volleyball areas, and Great Western Trail access!

Fort Utah Park (200 N Geneva Rd) includes pavilions, picnic tables, restrooms, fort replica, rugby field, sand volleyball, skate court, softball field.

Kiwanis Park (820 N 1100 E) includes pavilions, picnic tables, playground equipment, restrooms, tennis court, baseball field, volleyball, and large turf open space.

Maeser Park (451 E 600 S) includes pavilions, picnic tables, water taps, BBQ grill, playground equipment, walking path, basketball, restrooms, power and lights.

Riverside Park (1260 W 600 N) includes pavilions, picnic tables, playground equipment, restrooms, fishing access, and the Provo River Trail.

Riverview Park (4620 N 300 W) includes pavilions, picnic tables, water taps, BBQ grills, playground equipment, restrooms, trail access, sand volleyball, lights, drinking fountain, stream, tennis courts.

2 Schooled

The Ultimate HOT TUB!

Check out the **Homestead Crater** in Midway (about 20 minutes from Provo) and check out 96-degree hot springs. They are open to the public to sit and enjoy, snorkel, or scuba dive (www.homesteadresort.com/the_crater/the_crater.cfm).

Laser Tag

Go Laser Tagging on a two-floor laser tagging course with black lights, fog, and obstacles at Laser Assault, 264 N 100 W in Provo.

Hike the Y

It's a shame if you've been at BYU for more than a year and haven't hiked the Y! It's a short hike, but don't be fooled, it's a great workout and not to mention a beautiful view. If you've hiked the Y many times try changing things up a bit, hike at night with some friends or try hiking to the summit of Y mountain.

www.schooledmagazine.com

Get Great Deals on Your Summer Events

Utah Valley Convention and Visitors Bureau (www.utahvalley.org) offers free passports with coupons and ideas of great places to go in Utah Valley. You can pick up a free passport at the Visitors Bureau at 111 S. University Ave. in Provo.

CityDeals.com For 25 to 75 percent off gift certificates to restaurants, entertainment events, and local businesses, visit the CityDeals.com website and get some great discounts.



Disc Golf

Disc What? Disc Golf is a sport that has been around since the 1970s and is played much like traditional golf but instead of a ball and club, you have a Frisbee. The object is to complete each hole in the fewest number of throws. The "hole" can be a number of different things but typically it's a metal basket.

Bicentennial Rotary Park and Rock Canyon Park both have disc golf courses. This activity is great for a small group of roommates, or a large group of friends! You can find out more on how to play at www.discgolf.com.



Concert Venues

What hot national and local bands are playing in Utah this summer? For all of your concert needs, check out the following venues that have detailed information about who's coming!

Velour

www.velourlive.com
135 N University Ave
Provo, UT 84601

Muse Music

www.musemusiconline.com
151 N University Ave
Provo, UT 84601

Usana Amphitheater

www.usana-amp.com
5150 S 6055 W
West Valley City, UT 84118
*Kenny Chesney on June 28

EnergySolutions Arena

www.energysolutionsarena.com
301 West South Temple
SLC, UT 84101
*Tim McGraw and Faith Hill on June 11
*Keith Urban on September 11

Starry Night

www.myspace.com/starrynight
Center St and 200 West, Provo

The E Center

www.theecenter.com
3200 S Decker Lake Dr
West Valley City, UT 84119
*Fall Out Boy on May 10

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BYU Summer Intramurals

Have some fun this summer and participate in BYU intramurals! You don't have to be a BYU student to play! Visit www.intramurals.byu.edu for more information.

Tennis Doubles
Sign up begins May 30

Dodgeball
Sign up begins June 6

Softball
Sign up begins June 13

Racquetball Singles
Sign up begins June 27

Tennis Singles
Sign up begins July 3

Volleyball (2 on 2)
Sign up begins Aug 1

Volunteer

Sure, you could spend your summer vacation sitting in class or taking a road trip. But, why not have a real adventure and do a little good while you're at it? Visit

www.charityguide.org for some great ideas on how to serve. Also check out local charity events at utah.uscity.net/charity and you'll find Utah as a much more rewarding place!

Fencing

Try a different sport this summer and take up fencing. If you don't have a clue where you start, beginning fencing classes run weekly and start at \$50. Find out more information and how to play at www.utahfencing.org.



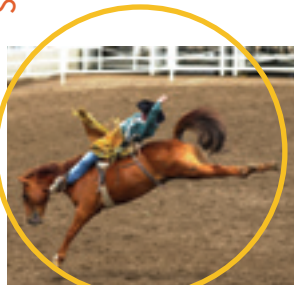
Classic Cars Int'l

Are you into cars? Check out **Classic Cars Int'l** where you'll see over 100 classic cars from the '20s, '30s, '40s and '50s. The admission for adults is \$6 and all proceeds go to the Utah Homeless Boys Ranch. The museum is located at 355 W 700 S in Salt Lake City. Find more info at classiccarmuseumsales.com.

Paintball

Get out some camouflage and go paintball!

Peg-Leg Paintball (www.pegleg-paintball.com) is located at 580 University Pkwy in Orem (764-0919). Also try **Pink Eye Paintball** located at 414 S Main in Spanish Fork (794-1631). You can also play for free on the **Pick-Up Paintball field** in Provo. Find out times and info at www.pickuppaintball.tk.



Rodeo

Check out a Rodeo! It's an experience you have to try at least one time in your life!

Ute Stampede Rodeo

Nephi July 12-14

Days of '47 Rodeo

SLC

Lehi Round-Up

June 28-30

PRCA Rodeo

Logan Aug 9-11

Batter's Up! Orem Owlz!

Check out the **Orem Owlz** (www.oremowlz.com) in the months of June, July and August. There is a game almost every night. Also check out **The Salt Lake Bee's** at www.slbees.com. **UVSC Wolverines** continue to play through the month of May as well as the **BYU Cougars**.



Scuba Diving

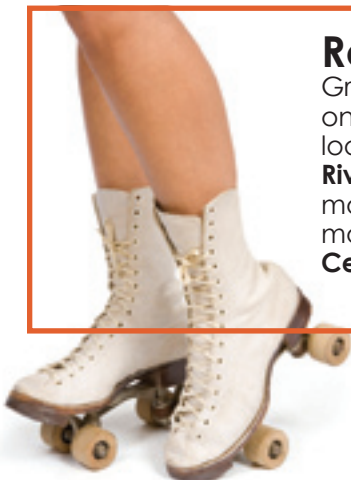
Get certified in scuba diving. **Scuba Ted's** in Springville (491-DIVE) offers a great scuba class that not only is fun, inexpensive (\$189, the cheapest price in Utah), but exhilarating. Take trips with Scuba Ted's around to Utah lakes and craters, or travel with them to exotic places around the world (www.ScubaTeds.com).

Mount Timpanogos Caves

Explore the Mount Timpanogos Caves and hike up to find three of the most spectacularly decorated caverns in the state (www.nps.gov/tica).

Roller Skating

Great for friends or a fun date, roller skating not only is a good workout, but is fun to do! If you're looking for something outdoors, try the **Provo River Parkway** (check out a map at www.utahmountainbiking.com). If an air-conditioned rink is more your style, check out **Classic Skating & Fun Center** at 250 S. State St. in Orem (224-4197).



Provo's Farmers Market

Want to eat some of Utah's freshest produce? Check out the Provo Farmers Market every Saturday from July to October at 500 W 100 S in Provo. For more info call 377-5700.



Mark Hansen

Cold Stone
University Mall, Orem

Smart Cookie
840 N 700 E, Provo

BYU Creamery
900 E 1209 N, Provo

Coneys Frozen Custard
242 E Univ. Pkwy, Orem

Provo Froyo
2255 N Univ. Pkwy # 37,
Provo

Hogi Yogi
1235 Univ. Ave, Provo

Leatherby's
1151 N Canyon Rd, Provo

Malt Shoppe
1290 N Univ. Ave, Provo

Best Ice Cream In Town!

Need to cool down? Get a scoop of something cold and sweet at these top local ice cream places.

Free Jazz Concerts in the Park

Listen to a free jazz concert in **Pioneer Park** on 500 W in Provo. Concerts are held every Monday night in June and July from 7-8:15 p.m. www.provo.org/parks.blue_sky_series.html.



Rent Llamas

Yes you heard us right! You can rent and hike with llamas! **Utah Valley Llamas** (798-3559) will let you take two llamas in the back of your van or trailer and keep them up to 24 hours for only \$30. They will also deliver and pick up from the trailhead for a fee (utahvalleyllamas.com).



Mark Hansen

Skate Parks

Check out the local skate parks and learn how to do some tricks. **Orem Skate Park**, 1200 W 300 N, hours: 7:30 a.m. to dark and **Provo Skate Park**, 208 N 2050 W, hours: 8 a.m. to dark are great places to see some sweet jumps.

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WWW.SEVENPEAKS.COM | 801.377.4FUN | 1330 E 300 N PROVO, UT 84606

Hiking

Head for the mountains and do some hiking! **Mount Timpanogos** has a 12.9 mile hike, **American Fork Twin Peaks** from Silver Flat is 11 miles, **Bridal Veil Falls** is 1/2 mile, and **Emerald Lake** is 9 miles. Or check out the 99-mile long **Bonneville Shoreline Trail** that takes you across the Wasatch Range (www.bonneville-trail.org).

Country Western Dancing

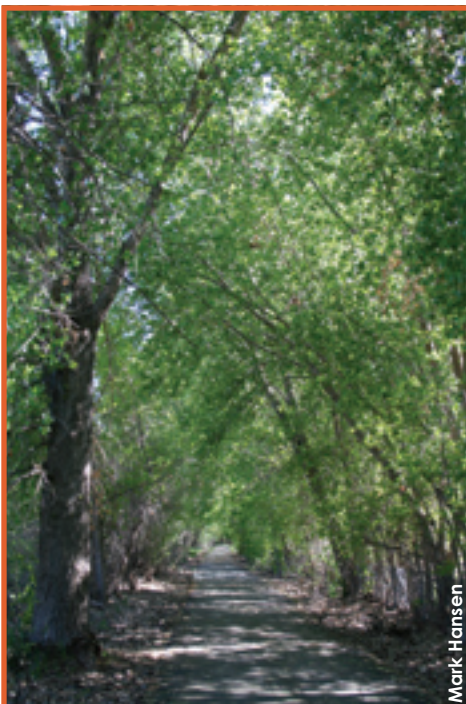
Country Western dancing at **The Center** includes country swing, two-step, west coast swing, country waltz, the cowboy cha cha, and line dances. Lessons are from 9-9:30 p.m. and dancing goes until midnight on Wednesdays and Saturdays. Check out the website www.UtahCountyDance.com for more information.

Bicycling

Go bicycling or rent a bicycle built for two along the 14 mile **Provo River Trail** that starts in Utah Lake and takes you to Vivian Park at the mouth of Provo Canyon. You can rent a mountain or a road bike from **Mad Dog Cycles** (222-9577) for a nominal fee.

Mini-Marathon

Enter a mini-marathon and train for it. A few around Utah Valley include: June 22nd and 23rd -- **Wasatch Back Relay** - Park City (www.wasatchbackrelay.com), May 19th -- **3rd Annual Running With Angels 5K** - (www.runningwithangels.com), and July 4th -- **Freedom Run** at Kiwanis Park in Orem (www.freedomfestival.org).



Mark Hansen

Provo River Trail

Tired of running around in circles on the track? Try running or biking on the beautiful **Provo River Trail**. The Provo River Parkway is about 14 miles of trail from the Provo Canyon to Utah Lake. Find maps and more info at www.utahmountainbiking.com/trails/provorvr.htm

Provo Softball Tournaments

Pick up a softball game or join a team to play in a tournament. You will find a listing of softball tournaments at www.provo.org/parks.parks_main.html. Download the parks and recreation guide to find dates and times.

Sundance

Mountain bike, fly fish, hike, and horseback ride on some of the best trails in the WASATCH mountains. You can also take a lift to have a picnic lunch with an awesome view—visit www.sundanceresort.com for more information.

Outlet Shopping

You don't want to miss out on the outlet shopping in Park City. **Tanger Outlet Center** (6699 N. Landmark Drive) has over 60 shops including Tommy Hilfiger, Nike, Polo Ralf Lauren, Banana Republic, Gap, and Old Navy.

Dance Clubs

Get your groove on, go clubbing in SLC:
Area 51 (area51slc.com),
Circle Lounge (circleloungeslc.com),
The Vortex (vortexslc.com),
Club Sound (soundslc.com),
The Depot (depotslc.com).



Mark Hansen

Miniature Golf

Need a fun group activity or a date night! Try miniature golfing at **Trafalga Miniature Golf** in Orem (224-6000). **Cascade Golf Course** in Orem also has mini golf (225-6677).

Float Down The Provo River

You can't have a summer in Provo without floating down the Provo River at least once. The water may be a little chilly, but the warm sun, company of other floaters, and the slow moving river will make an experience of a lifetime. **Highcountryrafting.com** (224-2500) rents tubes, rafts, and kayaks. You can rent them for two hours starting at \$10.



Heber Valley Railroad

Take an afternoon or evening and take a train ride and view the beautiful scenic backdrops Utah has to offer. The **Heber Valley Railroad** is a historic adventure. You can have the benefit of a funny performance with the Comedy Murder Mystery or enjoy the outdoors and live music with the Sunset BBQ Special. Find schedules and additional excursions that the Heber Valley Railroad can take you on at www.hebervalleyrr.org.

Kayak

Rent a kayak at **Outdoors Unlimited** (422-2708) for anywhere from \$21-\$24 and paddle around Provo Lake by traveling west on Center Street until you hit the entrance to the lake.

Yard Sales

Want to spend your Saturday mornings finding treasures for your apartment or to make some extra cash on eBay? Check for yard sale listings.

Deseret News at new.nowutah.com

Craigslist at provo.craigslist.org/gms/

Bowling

Challenge a couple of friends to a championship game of bowling! Hit the lanes at **Fat Cats** (on University Ave., 373-1863), **Miracle Bowl** (on State Street in Orem, 225-6038), or cosmic bowling at the **BYU Games Center** (at the WILK, 422-4370).



Mark Hansen

Golf

Head to the **Cascade Driving Range** in Orem (225-6677) and see how far you can whack a golf ball. Also try the **East Bay Golf Course** in Provo (373-6262).

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• WATER PARK •

POOL PARTIES

9 p.m. to 1 a.m.
Girls \$4 before 10 p.m./ \$5 after 10 p.m.
Guys \$6 all night

May 25th

June 15th

July 6th

July 27th

August 17th

September 7th

Two Stages of Music
Free Giveaways
Foam Pit
Over 2,000 in Attendance
Open Slides, HotTubs and WavePool



Pool Parties and Ho

Are you like me, aching for something to do this summer but usually being left wanting more? Well I think I might have found some answers. On May 25th and every third Friday thereafter at 9 p.m., the party is at Seven Peaks with all your favorite hip-hop and top 40 tunes, a 50 foot screen showing live video of your friends at the party and your favorite music videos, and of course their hot tubs, wave pool, and water slides are open! Still not convinced? How about thousands of singles at every party, door prizes, and inflatable games? The best part is, girls get in for just \$4 before 10 p.m., and guys get in for just \$6 all night.

Seven Peaks is kickin' it off with local rapper Prince Early live and on stage for a short performance at their first pool party May 25th. Get your free VIP card at the first party for free stuff and discounts. Three weeks later on June 15th, famous

rapper B-Money, who made it big on www.youtube.com with his music video "Provo Rap," will perform his bread and butter plus a brand new rhyme written especially for the event! Visit the pool party Myspace site at www.myspace.com/sevenpeaks to see B-Money's music video and to hear demo music from Prince Early. Add Seven Peaks as a friend, and you will receive a free glow stick at each party this summer!

Seven Peaks is also rolling out the fun with season water park passes at only \$39.95 for students! What better way is there to enjoy your summer than with water slides, a killer tan, and plenty of swimsuit clad singles? Also, if you're looking for a place to stay and want free water park passes,

Sea

Visit www.sevenpeaks.com for more information



Trafalga

Summer Hours
10am-Midnight

**Miniature Golf
54 Holes**

**Brand New
Go Carts**

Batting Cages

Arcades

**Date & Group
Packages Available**

One-In-One's Galore!

By Nick Lloyd

remember that College Terrace has it all with great prices for single and shared rooms, free high speed internet, and a pool! It's also located right next to UVSC, so close in fact that the only way to live closer would be to live in your desk! Visit www.collegeterrace.com for details.

Water parks not your thing, or just looking for a great date activity? Trafalga's brand

new arcade and spectacular mini-golf are just what the doctor ordered. With three different courses of 18 holes a piece, plus the slick track and batting cages, Trafalga is the perfect place to kick back and have some fun. The date night special is only \$20 for golf, slick track or batting cages, tokens in the arcade, and Dippin' Dots ice cream, all for two people. Local single Tom Whipple

said: "I seriously love going to Trafalga on my dates because it is such a good value and most importantly is never awkward."

So when you're thinking of fun this summer, think Seven Peaks and Trafalga!

Visit www.sevenpeaks.com and www.trafalga.com for details on all events and pricing.

College Student
Season Passes
\$39.95 with BYU
or UVSC
Student ID

Regular Price \$109.95

*See the Seven Peaks office for details

Weekend Trips

Lake Powell

Have a fun weekend away at Lake Powell. You don't have to rent a houseboat to have a good time, try going camping! Find more information on www.lakepowell.com.

Weekend in Moab

Take the weekend off and take a trip to Moab and see the state symbol, the Delicate Arch, at **Arches National Park** (www.nps.gov/arch/).

Best Scenic Drives in Utah

Do you love going for drives and exploring beautiful places? Utah has some of the best scenic drives in the nation. Try some of these drives. For extra pizzazz, rent a convertible and let the wind blow through your hair!

1. Dinosaur National Monument-Dinosaur, CO
2. Zion National Park-Springdale, UT
3. Round about Moab: Shafer Canyon, Dead Horse Point, and Arches-Moab UT
4. Utah Highway 12 Scenic Byway: Section 1-Red Canyon to Escalante-Cannonville, UT
5. Bryce Canyon National Park-Panguitch, UT
6. Arches National Park-Moab, UT
7. Canyonlands National park-Moab, UT
8. Zion Park Scenic Byway: Hurricane to Mt. Carmel Junction-La Verkin, UT

Weekend in Wendover

Take a 3-hour drive to Wendover and see where crews trained to drop the atomic bomb. The Historic Wendover Airfield Museum, (www.wendoverairbase.com) is a great history reminder.

Bear Lake

Visit Bear Lake during the month of August for their "Raspberry Days." You'll find craft booths, parades, rodeos and fireworks, not to mention the famous Bear Lake Raspberry shakes. Find trails, camp sites, activity maps, and more at www.bearlake.org.

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Skydive in Utah!

Have you always wanted to, but never had the guts? Maybe this summer is your chance. **SkyDive Utah** is located 20 miles west of the SLC airport. It costs approximately \$175 per person for the thrill of a lifetime. Find out more at www.skydiveutah.com/. You can also check out www.1800skyride.com/Skydiving/Utah/ in Provo and www.utahskydiving.com for more skydiving information.

Comedy Clubs

Want to get a good laugh this summer? Try some of these excellent local comedy clubs with some friends, roommates, or for a date that you'll never forget!

ComedySportz

36 W. Center St., Provo 377-9700

WiseGuys Comedy Cafe

1350 W. 1140 S. Suite 110, Orem

Thrillionaires

Velour- 135 N. University Ave.,

Provo

River Rafting

For those of you that are a little more adventurous, try river rafting. Here are the top five spots around the state for rafting. For deals on trips, visit www.utah.com.

1. Colorado River: Moab to Hite Marina
2. Green River: Flaming Gorge dam to Swallow Canyon Boat Ramp (Red Canyon)
3. Green River: Town of Green River to Colorado River Confluence
4. Green River: Ouray to Green River
5. The Yampa River

Race Your Remote Control Car



Find locations on www.utahrc.com.



Five Best Camping Spots In Utah

Find out more information on reservations, directions, and amenities each of these campgrounds has to offer at www.utah.com/database/campgrounds.

1. Bryce Canyon National Park Area Campgrounds-Cannonville
2. Uinta Mountains-North Campgrounds-Kamas
3. Zion National Park Area Campgrounds-Kanab
4. Salt Lake City Area Campgrounds-Salt Lake City
5. Canyonlands and Arches National Parks Area campgrounds-Moab



Utah Valley Art Museums & Galleries

Get cultured this summer. Check out some of Schooled's favorite museums.

BYU Museum of Art

Provo
801.422.8287

Springville Museum of Art

Springville
801.489.2727

UVSC Woodbury Art Museum

Orem
801.426.6199

Pioneer Memorial Museum and Village at North Park

Provo
801.852.6609

American Museum of Ancient Life

Thanksgiving Point
801.768.2300



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Papa's Sweettreats
(Apple Twist & Cinna Swirl)

Coke Products



Mark Hansen

Tennis

Play it Single or Double... Hit the tennis courts at **Provo High School Courts** (in the back), **Westridge Elementary** (1720 W 1460 N, Provo) the **BYU Courts** (down on 800 N), or **Wasatch Elementary Courts** (1080 N 900 E Provo).

Outdoor Summer Movies

Watch a movie under the stars. Make sure to check out all the outdoor summer movies. **SCERA** (scera.org/shell.html) has outdoor movies as well as **Tahitian Noni** (www.tahitiannoni.com). Better yet, watch a movie under the stars and in the wave pool at **Seven Peaks** (www.sevenpeaks.com).



Hogle Zoo

Lions, Tigers and Bears- Oh My! Utah's famous **Hogle Zoo** (801-582-1631) and check out the snow leopard, green tree python, and African lion. Admission is \$8 for adults.



Billiards

Play billiards at the local pool hall, **Ozz** on 490 N. Freedom Blvd. The cost is \$3.50 per hour per person. Also try **Fat Cats** (on University Ave., 373-1863) the cost is \$5 per hour for a table.



Amusement Parks

Spend the day in an amusement park. Check out **Lagoon** (lagoonpark.com), or if you want to get wet, try **Seven Peaks Water Park** in Provo (sevenpeaks.com).



Downtown SLC

Head to downtown SLC and enjoy Temple Square, listen to the street musicians or watch the street performers.

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- Pregnancy Massage

602.9817

1160 South State Street, Suite #80-Orem
(Directly West of the Orem Mall located inside "Adams Therapeutic Massage")



suit by kenneth cole



tilting tree

Provo Towne Center Mall
375.8989

07' swim, bikinis & tankinis
NOW IN SESSION



The Ultimate Longboarders Buying Guide

By Devereaux Smith
Photos By Mark Hansen

In working at the most killer skate shop in the valley, one often sees tons of 'newbies' come in and want to get some steezie setup so as to thrash the local hills. They all seem to have the same questions and lack of information. So here is a collectivity of words to educate your membrane on long boarding, so if you make that great mistake and buy your setup from the mall or sporting goods store, you'll at least have a small inkling as to what to buy.

First off, you need to figure out what you plan to destroy and how much you can scrounge out of your couch and the wishing ponds at the mall. There are basically three styles of riding to consider when long boarding:

BOMBER, this is the kid that is constantly in search for lengthy vertical drops down the canyon. Your primary concern is stability and response at Mach speeds.

CARVER, this the kid that is more into the artistic expression of long boarding. They seek a variety of terrain to power slide, carve, and simple be steezie. One may say this is the root of skating. Very southern California beach like.

TRAVELER, this is the kid that is looking to have some fun long boarding, but primarily to get from the couch to class to flipping burgers at the Billy's Burger.

Now, you may be saying to yourself, "But, what if I want to do it all?" Don't stress your little noggin. In deciding what your dominant style is, you'll be able to pick a setup that is more dominant in that style and thus allowing for the most fun. All setups in essence can do everything-- some are just more dialed for certain styles of riding, like automobiles. You don't buy a single cab truck to road trip in, although it may do the job. No, you buy that truck to haul your fat girlfriend around in the back. Like wise with a long board. In the end though, Washingtons really determine what you can buy, from that entry level setup to that setup of speed, style, and love.

Next you need to understand the shaping of a deck. Well, a deck is the wood part that you stand on. There are several features that set decks apart in there styles of riding.

KICKTAIL, is where the back of the board rounds up, creating a leverage point. This is great for riding around town or doing tricks. With a kicktail you increase your ability to ollie and skate somewhat normally. It's great for olying up curbs, cracks, manholes, and small children that tend to clutter the pavement. A dual kicktail allows you twice as many options of tricks and you can now go fakie. WOW!

CONCAVE, is scoop in the middle of the board. The scoop creates a wall for you to grip as you are carving or doing kick tricks. In carving you can now grip the deck better, allowing you to get lower to the ground, or power slide out farther than if your deck was completely flat.

DECK WIDTH is also something to consider. If you are part of Big Foot's family then you should look for a wider deck. A wider deck may not be as darty as you want, but it will offer more stability and be less wobbly in all styles of riding. Think, is it easier to walk across a rope or a wood platform? It's similar in riding. Now, it doesn't mean don't get a skinny board. It just means evaluate your foot size and what kind of experience you want to achieve from long boarding. Besides, that skinny deck would look so good with your new punk rock skinny jeans.

PINTAIL is where the deck comes to a point or close to a point in the back. This design is for optimal speed in bombing hills. It reduces wind resistance in adding to the aerodynamics of the board. Simply, you're going to go faster than any other deck.

TRUCKS is also something you should understand. The way the kingpin is angled into the base of the truck really determines how it will perform. The more angled it is the more responsive it will be in turning. The geometry of downhill (bombing) trucks is also going to be a lot different than the other trucks so as to decrease wobbles. Each company is different, so go to your local core skate shop and check out the trucks.



HANGER. The width of the hanger also goes into play as to how stable the truck is. If you have a short hanger and a wide board you're going to get wobbles, so keep your hanger width proportional to your deck width.

RISERS. To help protect your deck get some risers. They will help in preventing stress cracks in your deck. You bet your decks stressed, especially after carting your tubby butt around. Risers also allow you to get deeper carves and less vibrations into the legs. There are two types; vibra and hard plastic and they both come in 1/2" flats or 1/2" angled.

BEARINGS are going to be your point of speed. We don't have enough space in

the article to get into a lot of detail. Look for ceramic and titanium bearings. Oh, and flip an extra burger or two if you want the fastest, they are about the same price as a deck, but ever so worth it!

WHEELS, now here is where you'll see the biggest difference in performance besides bearings. When you're getting bearings there are two numbers; size (mm) and durameter (a). Durameter is the hardness of the wheel and its grippiness to the pavement. The larger the size of the wheels and the higher the durameter number the faster they are going to go and less grippy they will be. The smaller the wheel and lower the durameter the slower they are going to go and more grippy they will be. The Carver prefers a softer wheel, for it allows them better traction and the ability to stick deeper carves and tricks. You want a harder wheel if you're a Traveler or Bomber.

PROTECTIVE GEAR. Chicks dig scars, but not lifeless vegetables. If you don't want to be a vegetable on the couch peeing through a tube and only getting action from your ventilator then wise up and get a helmet and some protective gear. When you're fitting yourself with a helmet you want it to be fitted. It should move with your head and not over move when you do. There are a lot of great helmet companies out there so try several on and find the one that is the most comfortable and go with it. Also, always ride with a bro. You never know when your going to have a sexy make-out sesh with Ms. Concrete and will need that wing-man to peel you off her.

It's time to kill the communication, but before you go back to playing tiddly-winks, remember go to support your local core skate shop, not these mall or sporting good stores that are only in it for the Washingtons. Your local shop will be able to answer your questions and get you on a setup suited to your style. Oh, and don't think you're the freakin' Capernicaus of long boarding cause you read this article 100 times. Keep it mellow and have a dope time thrashing the streets on your long board!!!

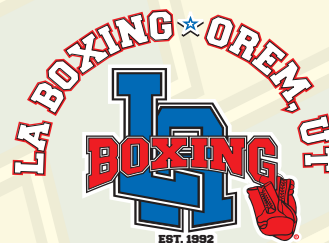


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