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Nationwide Sprint PCS network reaches over 250 million people. The Nextel National Network reaches over 263 million people. Coverage and offers not available everywhere. Phones subject to availability. Subject to credit. Offer ends 7/1/06. Service Plan: Includes Anytime Minutes are adjustable in 50-minute increments for \$5, with \$0.10/min. for use above [dealer to insert maximum amount for the plan specified.]; Up to \$36 activation per line and \$200 early termination fee apply. A deposit may be required. Nights are 7 pm to 7 am & Weekends are Fri. 7 pm to Mon. 7 am, on single-line Fair & Flexible plans only. Partial mins. used are rounded up. With unlimited roaming plans, Sprint may terminate service if a majority of minutes in a given month are used while roaming off of the Sprint PCS Network. Other restrictions apply.

# It's Summer Time!

Last week I was driving around in the Schooled Mini Cooper with the top down. The sun was shining and the warm air made me start to think of all of the marvelous things I have planned for the summer. Not only am I going on an amazing trip to Bali, but after working on the summer fun list of things to do (page 19) in this issue, I feel like there is never going to be a dull moment around Utah Valley.

Utah has so many things to offer during the summer! Our cover story lists 45 things you can do around the valley. You can use the ideas to meet new people, have fun with friends, or as dating ideas. Be unique and add to the list! Make sure to e-mail us with your ideas!

Not only does this issue have a list of fun things to do, we have reviews on top movies and video games coming out this summer, as well as a summer reading list and book club.



For those of you looking to start a new sport, our longboarding story will help get you on your way!

One of my favorite articles in this issue is about how to save or spend your hard-earned summer cash in extreme ways. Other great articles include Utah stereotypes, how to find and get rid of a spring fling, and ways to get a tan this summer.

We hope you enjoy this special summer issue of Schooled. We look forward to starting a new school year with you in the fall!

# Deborah Barlow - 7aylor Managing Editor

# Get Involved With Schooled Magazine

Each month, Schooled Magazine distributes 10,000 copies to student & business doorsteps in the Utah Valley. Want to be involved? Here are some ideas.

#### News

Please send your news releases to schooledmagazine@fusionofideas.com. Deadlines for issues are the first week of each month, for the following month's issue.

#### Work For Us

Our editorial and photography staff is always looking for fresh ideas and people to work for the magazine. All work is done part time. We are also looking for models. Send a sample of your work and your resume to schooledmagazine@fusionofideas.com.

#### Story Idea

If you have a story idea for us, e-mail it to schooledmagazine@fusionofideas.com.

#### Calendar

Our All-Inclusive Calendar includes events from all over Utah! If you have any events that you would like to invite our readers to, e-mail your information by the first week of the month, to get your event in the next month's issue. All submissions will be put on our online calendar. E-mail your event to schooled magazine@fusionofideas.com.

#### Advertise

Schooled Magazine is read by over 40,000 students a month and is the mos effective medium to reach the student market. For more information about advertising, please call Russ Taylor at 801-358-5132 or e-mail russ@fusionofideas.com

#### **Letters To The Editor**

Let us know what you think about Schooled! We depend on our reader feedback to improve our publication. Send your thoughts or ideas to schooled magazine@fusionofideas.com

# Schooled Magazine

Managing Editor deborah BARLOW-TAYLOR

Marketing Director russ TAYLOR

Editor in Chief traci d. MARINOS

**Layout & Design Director** erin DELFOE

Executive Editorial Assistant amy WEST

**Promotion Director** Iuis CASTRO

Photography
Photographers
teagan ALEX,
amy WEST

#### **Senior Writers**

patricia AUXIER, carolynn DUNCAN, esther HARRIS rae HARRIS, jeremy HOLM, rebekah JAKEMAN, seth KELLY, jamie LITTLEFIELD, don OSMOND, amy WEST

#### Writers

jennifer BORGET, brittany BOWDEN, christopher GONG, mckay SALISBURY, chris SORENSEN ammon VANORDEN

**Technology & Website** mike DODGE

**Distribution Manager** chris WILLIAMSON

Publisher



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#### How to reach us:

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# schooled Ed









10-11. Get The Lowdown on Longboarding. 12-13. Beyond Beach Books. 14. You're Not A Loser For Going To Summer School. 26. Get Info on Local Sports. 28. How To Be A Cheapskate. 29. Ways To **Burn That Hard** Earned Cash.

15. How To Have The Perfect Fling.

19-21. 45 Ideas For Summer Fun.

30-31. Have Something to do Every Day This Summer- Check our Calendar to see What's Happenin'.

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# departments

6. What's the Buzz?9. See What to Watch, Play, and Do in Provo.

18. Charity Involvement: Art In South Africa.

27. Show Me Your Ride.

- Listen to our Podcast.
- Check out our All-Inclusive Calendar.
- Get Hooked up With FREE STUFF!
- Submit Your Ideas and Give Us Feedback.
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www.schooledmagazine.com



# **Cracking the Chat/IM Codes**



CYA= See Ya
EOD= End of Discussion
F2F= Face 2 Face
FYA=For Your Amusement
G2G or GTG= Got to Go
GAL= Get a Life
HAND= Have a Nice Day
IC= I See
BRB= Be Right Back
H15= High Five
2QT= Two Cute
IDK= I Don't Know
IYKWIM= If You Know What I Mean
J/K= Just Kidding

LOL= Laugh Out Loud
LTNS= Long Time No See
N/M= Not Much
ONNA= Oh No, Not Again!
PU= That Stinks!
REHI= Hello Again (re-HI!)
RUOK= Are You O.K?
TTYL= Talk to You Later
W/E= Whatever
NP= No Prob
FTW= For The Win
ROFL= Rolling On The Floor Laughing
BTW= By The Way
TY=Thank You

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# Packing a Suitcase

Are you traveling this summer? Here are a couple of tips to help you pack quickly and efficiently.

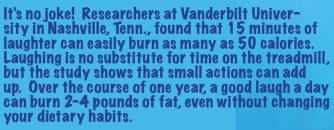
Figure out how much you want to take. Write everything down. Evaluate what you really need.
 Lay out items on a bed or table. Seeing it in front of you will help you make sure you have everything you want to bring.

3. Pack pants, shorts, longer skirts, and dresses first. To prevent creases, fold them around other items of clothing.

other items of clothing.
4. Roll it up. For easy, wrinklefree storage, roll cotton T-shirts
and tank tops instead of folding.
5. Wet spills can ruin your
clothes. Stow your toiletries and
things that can spill in a sealed
zipper bag. To be extra careful,
you can also purchase leak-proof
bottles. Bring extra sealable plastic bags... they'll hold wet swimsuits, snacks, and dirty laundry on
the trip back.

6. Fill all spaces. Maximize your suitcase space by stashing socks, underwear, thin T-shirts or tank tops by filling them in around shoes or other small spaces.
7. Pack delicate items of clothing

7. Pack delicate items of clothing at the top of your suitcase where they won't be crushed.





# **Quick Facts**

Facts from Wikepedia.com, BYU Newsnet, 2005 UVSC Annual Financial Report, and internet sources.

# **Quick Facts about BYU:**

The number of floors on the SWKT: 12

The estimated dollar value of items turned into the Lost and Found during January 2005: \$80,154

The number of miles of bookshelves in the Harold B. Lee Library: 98

The number of miles of sidewalk on campus: 76

The only building on campus with no vending machines: The Joseph Smith Building

The amount of pieces of mail BYU mail services sort in a month: 1 million

The percentage of the student body that is bilingual: 75 percent

Where is the campus' baptismal font located? Room 107 of the Joseph Smith Building

The Walt Disney Movie partially animated on computers in the Brimhall building: "Beauty and the Beast"

## Quick Facts about UVSC:

The number of spam e-mails UVSC receives a day: between 100,000 and 500,000 e-mails (90 percent of the total e-mails received)

Enrollment: 24.000 students

Famous Alumni: Ronnie Price (Sacramento Kings); Noelle Pikus Pace (World Cup Gold Medalist in the Skeleton)

• Currently the 8th fastest growing school in the country

The number of bachelor degrees offered: 34

Home of the number one LDS Institute program in the world, in fall 2003, they had 10,681 students enrolled

Number of UVSC buildings: 31

Number of acres on the Orem Campus: 240

In 2004 this famous filmmaker caused the biggest controversy the school has ever seen: Michael Moore



# playing favorites

These are some of Schooled's favorite products, companies and activities. Check them out!



# must have

Hey all of you techies out there with some style, this cool backpack is number 1 on Schooled's must have list. It is the techie equivalent of a metro sexual backpack. The Urban Hardpack combines

functionality with fashion sensibility. It's incredibly comfortable, and its sleek high-tech look is a digital lifestyle. The interior components can accommodate a Mac or PC laptop computer, PDA, iPod, and a variety of electronic necessities. Check out www.axio-usa.com.



# must try

Pudding On The Rice, 2293 North University Pkwy, Provo

Sweet meets style: like Cindy Crawford picking her first pair of Oakley's. The hottest new dessert place in town has the smell of an ice cream parlor, the lights of high fashion, and the sleek style of "Sex in the City."

Pudding On The Rice



The pudding only adds to your experience when your first bite fills your mouth with the round distribution of flavors other sweets tend to leave out. All recipes are homemade, one-of-a-kind, and are displayed with what one of the owners describes as "witty" and "edgy" titles that typify the crisp cosmopolitan class of Pudding on the Rice.

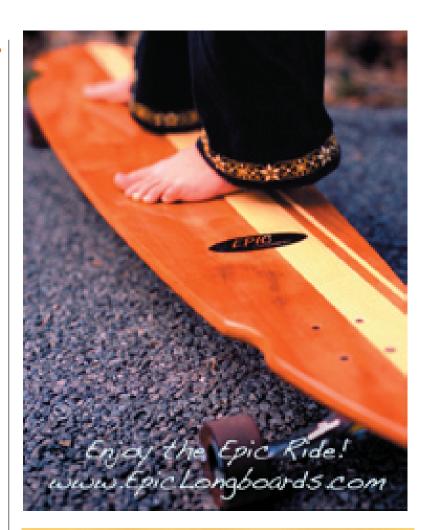




If you haven't tried scuba diving... you're missing out! This underwater sport is tailored for all of you adventure lovers out there. After calling around the valley, Schooled Magazine found that Scuba Ted's in Springville (www.scubateds. com) is the most affordable and time-

efficient class around. For only \$129 (class, books, and rental equipment), you'll have your PADI certification to dive around the world. We took the class and absolutely loved it! Places to scuba dive in Utah include: Homestead Crater, Midway (about 35 minutes from Provo), Boneville Seabase (2 hours away), Blue Lake (2.5 hours away).







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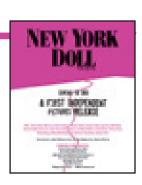
Contact Mary for your Summer alternative at: 801.655.1453 hr@totalmarketgroup.com

Come by and check us out at 555 E. 1860 S. Provo Across from the East Bay Golf Course



# watch play do

# New York



Rental

"New York Doll" is an untraditional rock documentary which chronicles the life of New York Doll's bassist, Arthur "Killer" Kane. The film tells the story of the New York Dolls' rapid rise to fame and subsequent break up a few years later. As the band members went their separate ways, Kane battled alcoholism and depression until he joined the LDS church. Thirty years after the demise of the New York Dolls, Kane still dreams of reuniting with his former bandmates. Then with the 2004 Morrissey's Meltdown, Arthur finally gets the chance to see his

'New York Doll" is a unique look into the life of Kane as he transitions from hard-core rocker to a family history librarian. Through his own words, as well as through interviews with his friends, bandmates, and fellow musicians, the audience is given a very personal glimpse into the hopes and dreams of Kane and the experiences that have changed his life. The film tells the story of friendship, hope and redemption, and ultimately, the singular influence of Kane, as bandmate, David Johansen, refers to him, "the miracle of God's creation."

**By Rae Harris** 

# Top 5 Movies to see This Summer

# Games to Play this Summer

vou're fi<mark>nish</mark>ing up school and you need 3thing to do all summer? Well, the best .g to do with your free time is obviously Jeo games. I've compiled a list of five big ames you can play this summer.

1. Kingdom Hearts 2 (PS2) Picking up where the previous game left off, this game is an awesome mix of adventure and role-playing, while fighting along side characters like Captain Jack Sparrow and Savall Leonhart.



2. Battlefield 2 (PC, PS2, Xbox, Xbox360, PSP) This is an awesome first-person shooter simulating modern warfare, with plenty of weapons, over 30 vehicles, and several soldier classes.



3. Sims 2 (PC, PS2, PSP, GBA, DS, GC, Xbox) If you haven't played any of the Sims games, now might be the time, it's available for virtually every platform under the sun. If you have played, maybe you should try the new expansion, Family fun stuff.

4. Tomb Raider: Legend (Xbox, Xbox360, PC, **PS2**, **PSP**, **DS**) It's been about three years since we've seen Laura Croft, but her new game promises not to disappoint.

5. Final Fantasy XI (PS2, PC, Xbox360) FFXI has been released for the Xbox360, and a new expansion is released for the older platforms. FFXI is rather hardcore. If you prefer a tamer MMO experience, World of WarCraft might suit your fancy better.



**6. Final Fantasy: Advent Children (DVD, UMD)** OK, so this isn't really a game. It's a movie, but it's based on a video game. Sure you may have seen it when it was released in Japan, but now you can own the DVD (or PSP UMD) and see it again!

By McKay Salisbury

## "The Da Vinci Code"

May 19 Rated: PG13
For those of you who can't read, this movie will catch you up on what you've been missing. Ed Harris, "Cinderella Man" is directing this blockbuster which stars Tom Hanks and Aubrey Tautou, "Ame-

"X Men: The Last Stand"
May 26 Rated: PG13
While the director is different from the first two installments, the cast has remained steady. The last volume to this mutant saga is sure to be worth the cost of a ticket to see it on the big screen.

### "Nacho Liebre"

June 16 Rated: PG13
This is Jared Hess' first directing job since his smash hit "Napoleon Dynamite." With Jack Black as his leading man, a monastery cook

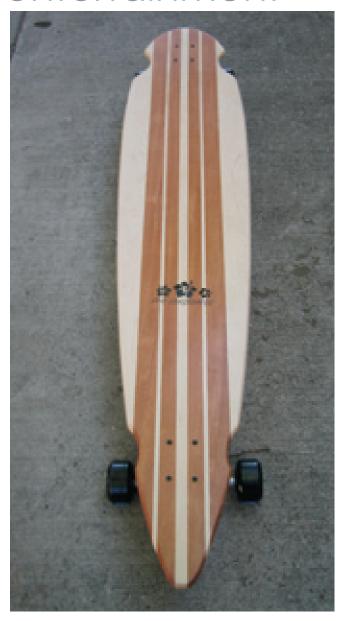
posing as a professional Mexican wrestler, Hess is sure to have more success than Jon Heder's acting career.

"Superman Returns"
June 30 Rated: PG13
Directed by Bryan Singer ("X Men," "Usual Suspects"), this comic book revamp is hoping to bring back the days when superheroes wore their underwear outside their tights. It should do well considering Kevin Spacey is Lex Luther and Kate Bosworth will be playing Louis Lane.

"Pirates of the Caribbean: Dead Man's Chest"
July 7 Rated: PG13
This will be the second of three Caribbean's to hit the big screen. If Johnny Depp can continue to bring the magic, then fans might be able to ignore the fact that the romance between Orlando Bloom and Keira Knightly was already resolved in the first movie.

By Ammon VanOrden

# entertainment



Longboarding is a stress relief, a magnet for the opposite sex, exercise, and extra cool points all in one. Just having a longboard, whether or not you can actually ride it, will make your life better. I've been longboarding for about two years now, and with the help of some experts—Ryan Blohm, owner of The Decline, Provo's snow/skate/wake shop, and brothers Mike and Jared Patching, owners of Epic Longboards, a local longboard manufacturing company— we'll show you how to get started. show you how to get started.

### **Ryan Blohm and The Decline**

Ryan Blohm was one of those skaters who thought longboarding was for wimps who can't handle skateboard tricks. For 11 years he avoided it, until a friend begged him to go. A year later, he owns three boards

and runs the only local shop that specializes in longboards.

The Decline, on 160 North University Avenue, has been open for two years. Blohm's love for skateboarding and snowboarding, as well as "not wanting to grow up and get a real job" motivated him to open the shop, where local skaters can buy new boards, merchandise, and have their boards repaired or upgraded.

And in the back of the shop, there's a skate ramp (not that you can use your longboard for that) and "the only legal place to tag in Provo." According to the walls, even Joseph Smith and Brigham Young have skated at The Decline.

If you're looking for a basic board setup, it'll cost around \$150, including the deck, wheels, and trucks. (For you amateurs, "trucks" are the metal pieces drilled into the deck that connect the wheels to the board). You can spend more, but if you're just getting started, it's not required.

### **Learning to Longboard**

So, once you've got the board... what do you do with it?
From personal experience... do not go immediately from The Decline to the steepest hill in Provo. You do not want to become one of the people Blohm's seen, "coming in with some mean road rashes."
Other than that, just start riding around. If that feels too risky, the longboarding community is pretty casual, so just ask someone you know for a lesson, stop by The Decline and hook up with someone, or get someone riding by to help you out.

Sometimes people think, "I could never skateboard!" If you don't try, that's 100 percent true. But anyone who follows these basic tips can at least ride down the street.

least ride down the street.

- 1. Don't start out going fast... that's just asking to shred your leg on the road. Take pride in going s-l-o-w.
- 2. Keep your hands in your pocket. Pretend you're one of those chill longboarders... when people freak out and flail their arms; it's a guaranteed way to fall on your face.
- 3. Stay on flat ground for as long as you need to. Don't even try anything with an incline—not even the two-inch downgrade in your driveway—until you're ready (meaning your arms don't look like you're trying to flag down a taxi anymore).

By Carolynn Duncan Is Anythi ONGBOARDIN Popular Places to Longboard In Provo

1. Condo Run by
Seven Peaks.
2. Provo Canyon/
Provo River Trailway.
3. The streets by the
Provo Temple.
4. Parking
garages—
especially the Wells

Fargo building on

**University Avenue.** 

Skateboarding: Mostly for tricks. Wheels are < 55 mm. The board is shorter.

VS

Longboarding:
Mainly for
cruising. Wheels are
70 + mm
The board is wider,
softer, heavier.

## **Try Making Your Own Longboards**

And after you've mastered longboarding, consider taking the next step... making your own boards. That's what brothers Jared and Mike Patching, owners of Epic Longboards, have done.

Maybe it was growing up in California, or going to school at BYU-Hawaii. Either way, Jared pretty much had to get into longboarding, with a twist of surf style.

For Christmas one year, he made a longboard for a friend out of mahogany and maple wood. His friend said the board was too nice to ride. From that, Jared started making longboards in his garage, selling them on eBay, and then began selling boards directly from www.epiclongboards.com.

Most people think a skateboard is pretty much a piece of wood and wheels. That's not completely wrong, but...if you buy one of Epic's, you're going to get something different than your typical plywood Sector 9 board.

These are handcrafted, hardwood boards, (not grip-taped plywood). They are made from high quality wood (maple, mahogany, and other woods), cut into strips, glued, clamped, planed, sanded, and glossed, ending up smooth and glassy, kind of like a surfboard varnish. Not only are the boards beautiful, with the high contrast of light

Not only are the boards beautiful, with the high contrast of light and dark glossy grained wood, but they're pretty indestructible. Mike makes a habit out of trying to destroy the boards, including putting the boards against the curb, then running and jumping on them. And in four years of making and testing boards, he's only broken three. This means you're not likely to break the one that you buy.

So there you have it. You've got your board, a mini-lesson, and a way to make your own longboards. Get out there this summer, and if you see me—don't hesitate to ask for a lesson.

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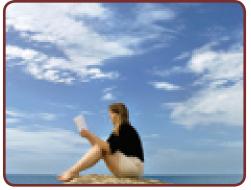


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1.Embrace History

The Page-Turner: "God's Secretaries: The Making of the King James Bible" by Adam Nicolson

The Lowdown: The remarkable story of how the King James Bible came to be.

Why You'll Love It: This fascinating historical account will

shed new light on your knowledge of translation, politics, and the Bible.



2. Finish a Story on the Bus
The Page-Turner: "The World's
Shortest Stories" compiled by Steve

The Lowdown: A surprisingly smart collection of punchy stories, all

exactly 55 words long. Why You'll Love It: The perfect on-the-go book, each story takes just a minute of your time. You'll

# Beyond Beach

Jamie Littlefield

#### 3.Find Adventure

The Page-Turner: "Booty: Girl Pirates on the High Seas" by Sara Lorimer

The Lowdown: A grownup picture book with the swashbuckling true life adventures of female pirates. Arr!

Why You'll Love It: Meet New York river pirate "Sadie the Goat" and Viking Princess pirate Alfhild. From plundering to plank

walking, this book has all the pirate goodness you could want – girl style.

**4.Step Into Another World**The Page-Turner: "The Face Behind the Veil" by Donna Gehrke-White



women in America. Why You'll Love It: From their day-to-day lives to their innermost beliefs, these intensely personal stories will open your eyes to the struggles of the Mus-lim women living among us

# **Reader Picks**



Reader: Elizabeth Riggs, 18
The Page-Turner: "1984" by
George Orwell
What it's About: "It's about trying
to stick it to the man...and losing." Why it's a Favorite: "Even though it's a really depressing read, it' intellectually stimulating. It makes you think about how you would react and if you would be able to control your thoughts under extreme pressure, it makes you question the strength of your character, and pay more attention to the government."



Reader: Sterling Beck, 22 The Page-Turner: "Angels and Demons" by Dan Brown What it's About: "A secret group known as the Illuminati that is involved in a complex conspiracy involving the Catholic Church." Why it's a Favorite: "Adventure, action...everything you could want in a book."



Reader: Amanda Watson, 21 The page-turner: "Pride and Prejudice" by Jane Austen What it's About: "Allowing yourself to love someone you didn't think you'd be able to."

Why it's a Favorite: "It was the first historical fiction period novel that I'd read and it got me to love the entire genre. I think every girl loves Mr. Darcy. In the end your tears are staining the pages."

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5.Be Inspired

The Page-Turner: "In the Time of the Butterflies" by Julia

The Lowdown: A fictionalized account of four sisters boldly seeking freedom under the crushing reign of Dominican dictator Trujillo.

Why You'll Love It: From the first pages, the Mirabal sisters will win your heart. Their inspiring story of persevering through hardships will have you looking for ways to make a difference in your own corner of the world.

## 6. See Something Out of the Ordinary

The Page-Turner: "Wicked: The Life and Times of the Wicked Witch of the West" by Gregory Maguire The Lowdown: The story of Oz from the Wicked Witch's point of view.

Why You'll Love It: From the middle-class stability of Munchkin land to the victimization of the Tin Man, this witty tale is sure to bring a smile to your face.



#### 7.Savor Romance

The Pager-Turner: "Love Letters: An Anthology of Passion" compiled by Michelle Lovric

The Lowdown: A unique compilation of love letters found at museums and libraries throughout the

Why You'll Love It: You won't get enough of these historic love notes from the likes of Ludwig van Beethoven, Nathanial Hawthorne, and Franz Kafka. Many of the actual love letters have been reproduced in miniature and placed in tiny envelopes. You'll get a kick out of discovering these romantic secrets and may even be inspired to pen a note or two yourself.

# Schooled

Find some friends and start a book club or meet some new people and join the Schooled Magazine book club at www.schooledmagazine. com! Here are some amazing books that will get you all sharing your opinions....

- 1. "The Alchemist," by Paulo Coelho
- 2. "As a Man Thinketh," by James Allen
- 3. "And Then There Were None," by Agatha Christie
- 4."1776," by David McCullough
- 5. "Confessions of a Shopaholic," by Sophie Kinsella
- 6. "Beauty: A Retelling of the Story of Beauty and the Beast," by Robin McKinley
- 7. "The Red Tent," by Anita Diamant
- 8. "The Giver," by Lois Lowry
- 9. The Kite Runner by Khaled Hosseini



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# Summer School: It's not for Losers Anymore!!

So, you've chosen labs and textbooks over the beach and global backpacking. It's not all bad—before you stamp an "L" on your forehead, check out the perks for summer school. Give yourself a pat on the back for being the smart one.

Campus is less crowded. On your way to class you don't have to swim through a sea of students, just a small stream.

Parking is more available. You can actually leave five minutes before class and still find a parking spot up front.

Off-campus housing is cheaper. Summer rent doesn't cost an arm and a leg—just an arm.

Smaller classes. Your English 115 class will be a reduced size, so you can have the chance to ask out all the hot babes before the term is over.

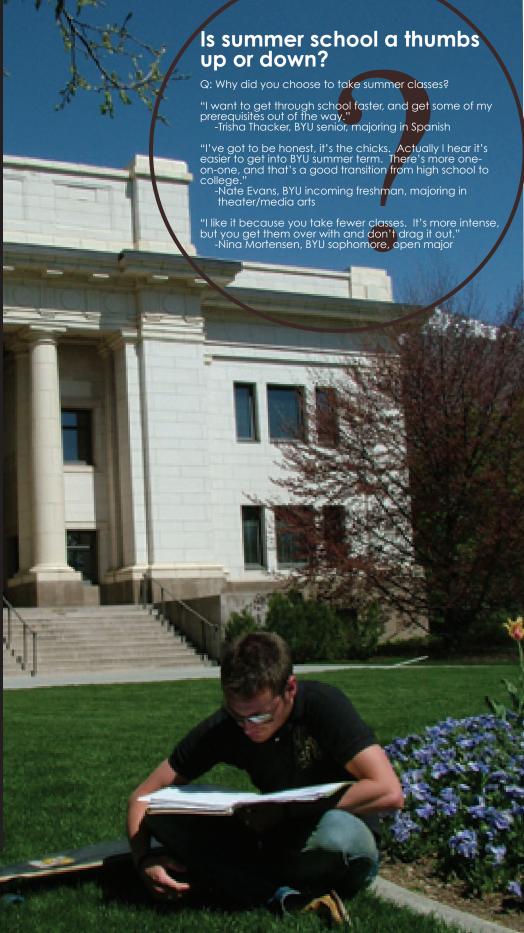
More one-on-one with the teacher. Your physical science professor will actually know you by your first name and not as the person in seat #426.

**Warm Weather.** You can study in the sun—great for a farmer's tan and no frostbite.

More on-campus employment opportunities. There's not as much competition for jobs, so you'll be rolling in dough with that janitorial job you've always wanted.

Speed-up your graduation date. Stacking in the credit hours spring or summer term gets you graduated and outta here faster (oh, maybe that's not a plus).

By Rebekah Jakeman Photo By Amy West



## **How to Have the Perfect**

# Summer Fling

By Jennifer Borget

Summer is filled with lots of barbeques, parties, road trips and taking in the sun. Although all of these activities are great, none of these compare to the one way to spice up your summer—the ultimate short-term relationship—the summer fling.

So you're looking to have fun, but not looking for a serious relationship. In this special summer edition of Schooled Magazine, our cover story and calendar will give you plenty of activity ideas to find that special someone for some summer fun! Here are some tips you need to not only find a summer fling, but also how to drop 'em like it's hot when summer is over. Of course the one stipulation to the game is, if you don't want to play by the rules, then you're not allowed to play the game. It's as easy as that.

## **How to Pick Someone Up:**

- 1. Get off your couch and go party: You're not going to find anyone, or have any fun by sitting around all summer. Read those flyers you get about parties around town. Gather together a group of friends and go get your groove on.
- 2. Approach people: What's the worst that can happen? You only live once. Don't practice pick-up lines because that never works out and forget about being intimidated just go with the flow.
- 3. Find someone to hang out with: That's pretty logical. The only two regulations to this part are that they should be single and they should know upfront what's going on. Casually mention to the other person that you aren't looking for anything say beyond September.



How did you break up with your summer/spring fling?

"It just kind of faded out. I have never broken up with anyone...! don't like confrontations." - Walker Bateman



"I just don't talk to them."

-- Lane Peters





"We decided we weren't really into each other --- just got caught up in the moment." -- Amy Paul

#### What do you think about summer/spring flings?

"They're so fun because when it's warm outside people just fall in love. There are more places to fall in love." -- Nicole Carman



"Save your kisses for your choicest Mrs."

-- Brandon Smith







"I'm not good at that kind of thing." -- Tawny Judkins

Quotes and Photos By Amy West

# How to drop them...Gently

Now if your fling knows what's going on, letting them go should not be so difficult. But just in case they maybe forgot about this small little detail, here are some ways to give them a parachute before pushing them out of the plane:

- 1. Blame it on yourself: The easiest way to break up with someone is to take the blame. Example: "I'm not ready for this type of commitment," or "With all my schoolwork I can't give this relationship the time it needs."
- 2. Mention how the breakup is best for everyone: Try to say things like "I don't deserve you," or "Now you can date someone who will give you the time you deserve."
- 3. Make sure they know it's over: Don't say things like "Maybe we can work this out later." You want them to know it is clearly over.
- 4. Don't stick around: After you have completed this, don't stick around. Hanging around leaves time for explanations and attacking each other. Things you say may not come out the right way.



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# In South Africa

Leland Rowley sat across from me picking tootsie roll wrappers out of the rings in his binder with a neurotic twitch I suppose only artists understand. It's a twitch that seems to say, "I have so many illustrious ideas, explanations, and creations to bring to life that I can barely control myself."

His friend shows up in cooked pea-colored cargo shorts that he

got at Mr. Price Cargos; a store in South Africa where you can get good shorts and clothes for \$5.

"Their sign is hilarious," said Rowley, a graphic design major at BYU. "All the signs in Africa are really colorful." That is where it all started. At first Rowley's study abroad experience in South Africa was simply going to be remembered in a graphic art piece Rowley would take home with him. But that plan offered no impression on those he received inspiration from. A professor said to him, "You Americans, you come down here, get all this stuff, do all your research and leave." That's what made the difference.

"It's one of those things that she didn't think anything of, but

it totally changed my perspective on everything," he said. "She'll probably never think of it again but it totally changed my whole

experience in South Africa.

Rowley's new project involved an organization with a student

But first, Rowley had to make sure there was even a market for artists, so he organized an art contest. "Nobody had money to buy art supplies and we wanted it to be really creative...so they could do it on anything... cardboard – whatever." Perhaps 50 years ago, or maybe even 10, an endeavor like this would have been fruitless. But, with the recent emergence out of the waters of apartheid, there is now a place created for more art. "They're trying to find their voice again in art and design," Rowley said. "It's so dynamic right now; it's a really interesting place to be.

Rowley's plan leaves a defining mark in South Africa, but he also gives us, here in Utah, a chance to do the same. Philanthropic crowds flood the free concerts of local bands to

further the growth of the African art programs. And the best thing is that 100 percent of all donations go toward the development of South Africa's fledgling art program.

funding program comparable to the Perpetual Education Fund.

The plan this year is to provide two South African art students

with tuition that they will later

pay back - that money going to

send new art students through

Rowley said he developed this program thinking of what skills he had and what he could offer: an abstract aim that shook from within him to create this anxious twinge of idealism. At the end of our conversation, Rowley plucked out the crumpled tootsie wrappers like an idea ripe for the picking. The goal, it seems, is for this idea to shake within you.

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Margaret Mead

**By Amy West** 

# Charities to be Involved in this Summer:

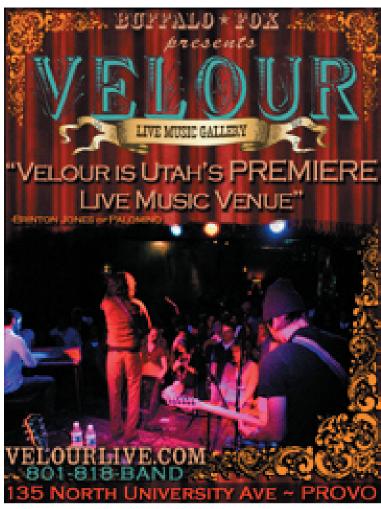
1. Kaiizen: kaiizen.org

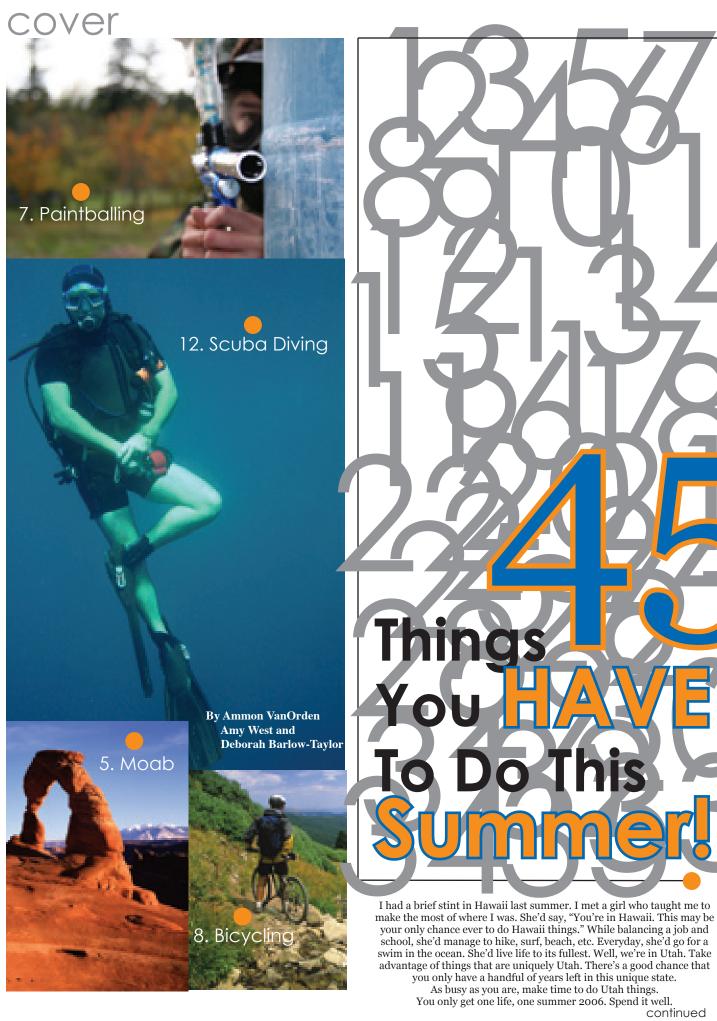
2. Habitat For Humanity: habitat.org

Red Cross: redcross.ora

5. Project Read: provo.lib.ut.us/projread/home.html







At Schooled Magazine, we believe that if you're bored, then you're boring. Don't waste your free time. Here are some great ideas for you to try something new on your own, meet some new people, go with some friends, or make it a date! We know you'll have lots of fun with these ideas.

1. Explore the Mount Timpanogos Caves and hike up to find three of the most spectacularly decorated caverns in the state

(www.nps.gov/tica/).



2. Cure your sweet tooth in Alpine when you tour the Ken Craft Candy Factory (www. kencraftcandy.com) and you might just get a few samples.

3. Go to the Homestead Crater in Midway and check out 96-degree hot springs. They are open to the public to sit and enjoy, snorkel, or scuba

dive (www.homesteadresort.com/the\_crater/the\_crater.cfm).

- 4. Take a drive to Ogden and visit the Dinosaur Museum (www.dinosaurpark.org), which is a six-acre outdoor museum with realistic sculptures of dinosaurs around every corner.
- 5. Take the weekend off and take a trip to Moab and see the state symbol, the Delicate Arch, at Arches National Park (www.nps. gov/arch/).
- 6. Drive to a dairy farm (Winter Farms, Orem 224-8686 or Bateman Dairy Farms, Levan 435-623-0200) and take a tour. When you're finished buy some fresh cheese curds or string cheese.
- 7. Get out some camouflage and go paintballing. Peg-Leg Paintball

- (www.peglegpaintball.com) is a great place for supplies and for a free field to play in, go to 1500 Slate Canyon Drive in Provo.
- 8. Go bicycling or rent a bicycle built for two along the 14 mile Provo River Trail that starts in Utah Lake and takes you to Vivian Park at the mouth of Provo Canyon. You can rent a bike from Outdoors Unlimited for \$26 a day, Tandem \$20 a day or \$6.50 an hour (422-2708).
- 9. Take a dance lesson. Try ballet, tap, country, modern, jazz, lyrical, hip-hop, belly, Middle Eastern, Polynesian/Hawaiian. Classes are offered at Access Dance (www.accessdance.com), Center Stage Performing Arts Studios (224-9012), Provo City Classes (www.provo.org/parks.programs.html), and the Utah Country Dance (www.UtahCountryDance.com).
- 10. Take a drive to be a part of the Utah Shakespearean Festival at Southern Utah University in Cedar City and feel like you've taken a trip back in time! (www.utah.com/arts/shakespeareanfestival. htm).
- 11. Head to downtown SLC and enjoy Temple Square, listen to the street musicians, watch the street performers.
- 12. Get certified in scuba diving. Scuba Ted's in Springville offers a great scuba class that not only is fun, inexpensive (\$129, the cheapest price in Utah), but exhilarating. Take trips with Scuba Ted's around to Utah lakes and craters, or travel with them to exotic places around the world! (www.ScubaTeds.com).
- 13. Challenge a couple of friends to a championship game of bowling! Hit the lanes at Fat Cats (on University Ave., 373-1863) or Miracle Bowl (on State Street in Orem, 225-6038).
- 14. Head to the Cascade driving range in Orem (225-6677) and see how far you can whack a golf ball. If distance isn't your thing, try miniature golfing at Trafalga Miniature Golf, 168 S. 1200 W. Orem (224-6000).



# NEW SEASON BEGINS JUNE 4th ON KJZZ!



www.notonthefirstdate.tv

- 15. Get cultured by attending an ethnic festival in Provo. The Sri Sri Rahda Krishna Temple is of Indian origin and is located in Spanish Fork (Utahkrishnas.com, 798-3559). They have several festivals you can attend during the summer, as well as daily temple tours.
- 16. Go for a drive! Price Canyon and Provo Canyon are beautiful scenic roads that make for a great relaxing drive. For Price Canyon: Go on I-15 south and turn off on US-6 then continue toward Price. For Provo Canyon: Head north on University Ave. and keep on going!
- 17. Go to a living history museum. Try the North American Museum of Ancient Life at Thanksgiving Point (www.thanksgiving-point.com/museum/index.html), the BYU Museum of Peoples & Cultures offers free admission (fhss.byu.edu/anthro/mopc/main.htm), or This is the Place State Park in Salt Lake City (801-582-1847).
- 18. Need a break this weekend? Take a camping trip at Zion's National Park (www.nps.gov/zion/).
- 19. Rent a kayak at Outdoors Unlimited (422-2708) for anywhere from \$21-\$24 and paddle around Utah Lake by traveling west on Center Street until you hit the entrance to the lake.
- 20. Visit Utah's famous Hogle Zoo (801-582-1631) and check out the snow leopard, green tree python, bat-eared fox, and African lion. Admission is \$8 for adults.
- 21. Head for the mountains and do some hiking! Mount Timpanogos has a 12.9 mile hike, American Fork Twin Peaks from Silver Flat is 11 miles, Bridal Veil Falls: ½2 mile, and Emerald Lake is 9 miles. Or check out the 99-mile long Bonneville Shoreline Trail that takes you across the Wasatch Range (www.bonneville-trail.org).
- 22. Volunteer for a charity event (go to utah.uscity.net/charity) and you'll find Utah as a much more rewarding place!

- 23. Be in a movie! Go to a casting call at one of these four studios: Lightstone Studios (www.likenthescriptures.com/auditions-index. htm), Halestorm Entertainment (halestormentertainment.com), Candelight Media Group (www.candlelightmedia.com), LDS Motion Picture Studio (avdcasting@ldschurch.org).
- 24. Enter a mini-marathon and train for it. A few around Utah Valley include: June 23rd -- Wasatch Back Relay Park City (www.wasatchbackrelay.com), June 24th -- 2nd Annual Running With Angels 5K (www.runningwithangels.com), and July 4th Freedom Run at Kiwanis Park in Orem (www.freedomfestival.org).
- 25. Try archery at Jake's Archery in Orem (225-9202), or Precision Archery Works, American Fork (756-7594).
- 26. Take a three-hour drive to Wendover and see where crews trained to drop the atomic bomb. The Historic Wendover Airfield Museum, (www.wendoverairbase.com) is a great history reminder.
- 27. Put a smile on someone's face. Adopt a grandparent. Go to a nursing home to visit, play cards, bingo, or other games on a regular basis. You can volunteer at Comfort Care Hospice, in Provo (836-2825), the IHC Hospice, in Orem, (225-0584), or the Orem Nursing and Rehab (225-4741).
- 28. Float down the Provo River. Highcountryrafting. com (224-2500) rents tubes, rafts, and kayaks.
- 29. Take a tour of the Crandall Historical Printing Museum (375-5555) on Center Street and see a Gutenberg Press and learn how they printed the Book of Mormon and other books in the 1800s.



continued



- 30. Play Ultimate Frisbee! Several parks in the area with ultimate Frisbee fields include Fox Field on University Ave., Rock Canyon Bowl, or Kiwanis Park by Wasatch Elementary in Provo.
- 31. Play billiards at the local pool hall, Ozz on 490 N. Freedom Blvd. The cost is \$3.50 per hour per person.
- 32. Take a train ride on the Heber Creeper (Hebervalleyrr.org) and view Utah in a different light. Tickets start at \$22 for adults.
- 33. Rent llamas and hike with them. Utah Valley Llamas (798-3559) will let you take two llamas in the back of your van or trailer and keep them up to 24 hours for only \$30.
- 34. Try a play instead of a movie. Local theaters offer great entertainment. Check out Center Street Musical Theater (www.csmtc.com), Provo Theater Company (www.provotheatrecompany.com), and Hale Center Theater (haletheater.com).
- 35. Enjoy the outdoors while catching a movie at the outdoor movie theater in SCERA Park (www.scera.org/shell.html).
- **36.** Listen to a free jazz concert in Pioneer Park, Provo. Concerts are held every Monday night in June and July from 7:00-8:15 p.m. (www.provo.org/parks.blue\_sky\_series.html).
- 37. Try Outlet Shopping in Park City. Tanger Outlet Center (6699 N. Landmark Drive, 435-645-7078) has over 60 shops including Tommy Hilfiger, Nike, Polo Ralf Lauren, Banana Republic, Gap, and Old Navy.
- 38. Check out a rodeo at the Spanish Fork Fiesta Days held July 21-25 (www.spanishfork.org), Pleasant Grove Strawberry Days held June 11-17 (plgrove.org/straw.html) and Lehi Rodeo June 22-24 (lehicity.com).
- 39. Check out the local skate parks and learn how to do some tricks. Orem Skate Park, 1200 W. 300 North, hours: 7:30 a.m. to

dark and Provo Skate Park, 208 N. 2050 West, hours: 8 a.m. to dark are great places to see some sweet jumps. 40. Get your groove on, go clubbing in SLC: Area 51 (451 S. 400 West, SLC, 534-0819) and The Vortex (404 S. West Temple, SLC 355-7746).

- 41. Tour a bakery and sample different fresh baked breads and treats. Call Provo Bakery (375-8330) or Great Harvest in Provo (373-9816) to make an appointment. Lehi Roller Mills (221-1718) offers cooking classes in Orem to show how to use their product for different things or try the samples at Shirley's Bakery (375-8020).
- 42. Spend the day in an amusement park. Check out the Lagoon (lagoonpark.com), or if you want to get wet, try the Seven Peaks Water Park in Provo (sevenpeaks.com).

43. Try going to a shooting range and see if you can get a bull's-eye! Rangemasters of Utah, Springville is a great location to start at (www.rangemasters. com).

44. Race your remote control car at Black Sheep Raceway in Spanish Fork (368-5602). Find other locations on www.utahrc.com.

45. Play it Single or Double.... Hit the tennis courts at Provo High School Courts (in the back), Westridge Elementary (1720 W.

1460 N. Provo) the BYU Courts (down on 800 N.), or Wasatch Elementary Courts (1080 N. 900 E. Provo).









# **The Pita Pit**

With the establishment of Fat Cats, Panda Express, and the Corner's flashy commercial appeal, the emergence of the The Pita Pit has become the Maggie Gyllenhaal lost in a sea of Ashley Simpson's. What a shame – head shake – what a shame.

It is easy to see how something like this could happen: the store screams subway franchise from the veggie-select walk through to the combo complete with cookie and chips. The walls are covered with cartoon-faced meat and veggies that suddenly make you very aware of what you are eating and unsure of what you are in for.

"It's not burgers...it's not orange chicken – it's something totally different," said owner Dan Herway. The gyro with a creamy white tzatziki sauce proved him right and opened my mind to the possibilities a pit like the pita can hold.

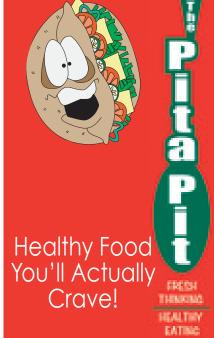
"Once people have been here a few times they realize we'll do anything!" said Herway, his arms wide open. Anything you want can be thrown on the flat, gray stove top, grilled to your discretion and mixed with a dozen different sauces. Grilled chicken with warmed pineapple and BBQ sauce, seasoned lamb and beef strips spread with a yogurt-based cucumber sauce, even the spice of a grilled falafel or babaganoush with the house special sauce can be dreamed up in a hundred different ways and forms depending on if you are a steady Frye, or an innovative Bueller.

But don't let the Pit mess with your mind: My first bite was of the steamy, tender strips of lamb that forever distinguished the pit from any other fast food place I had experienced in Provo. The second bite was the cold, salad-like mixture of olives, onions and bell peppers much like that of a

subway sandwich.

"That's a fundamental problem we have with the Pita," Herway explained. "But if you turn it just a little to the side... you get the meat and vegetables all in one bite...Perfection!" fection!

"The people that come here have either never heard of it before or they love it," said Herway, proving that once the pita has shown you his pocket you will be back searching for new ways to fill it.





Either You've Never Heard Of It Or You Love It

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# project 3 By Russ Taylor

Schooled's added some hot new features to Project 3 that will go great

with any ride. Watch as Schooled Magazine works with sponsors to make this the sweetest ride in Utah.

## **TWM Short Shifter** & Stainless Steel Shift Knob

All racers know that the way that you drive is a big factor in how you win... and with a big clumsy shifter you can't do much. TWM offers an amazing setup for a reasonable rate. The TWM short shifter limits the throw which shortens the time needed to get from gear to gear. Besides the fact that it is

great for performance, it also does wonders to the interior of the car. With the stainless steel shift knob and custom leather cover, it is guaranteed to spice of the interior of any car. You can get the whole package at www.twmshiftknobs.com.

Scosche Spinner Subwoofer Grills We put these sweet grills in the trunk of Proj-

ect 3. With the flick of a switch the motor spins the blue lighted grills. A definite must for anyone that wants to add some pimpage to their ride. You can get the grills at www.scosche.com.



Unfortunately words can't do this kit justice. By putting the kit on the doors it will keep any rattling to a minimum. The

comparison would be like listening to 50 Cent in a porta-potty vs. a sound studio. Seriously this stuff makes the sound amazing. You can get it at www.scosche.com.



# **Trunk Fusion Custom Brushed Aluminum Trunk Cover**

A little eye candy for the racer, this trunk cover is custom fitted for any car. Made of stainless steel, its brushed aluminum gives it a nice touch.

You can special order one for your car at www.trunkfusion.com and make a boring trunk into a fusion trunk.



New/Leve **Neons from New Level Motorsports** 

What street ride is complete without the neon lighting? Project 3 was outfitted with the whole setup from New Level Motor sports with an underglow kit, interior lighting and the trunk lighting all available at www.streetglowneon.com.



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# Summer Sports



All right all you sport enthusiasts! It's summer and that means it's time to get out and play! There are a large number of organized leagues and sport programs offered through Provo Parks and Recreation that students can get involved in:

By Jeremy Holm



## Men's Summer Basketball:

Leagues: Upper Division and Lower Division
Registration Begins: March 13-April 13
Registration Fees: \$400 per team (guaranteed 12 games including post-season double elimination tournament.)
Season: April 25-June 22
Tuesdays-Upper Division
Wednesdays-Lower Division
For More Life: \$25,000



**Summer Softball:**These softball tournaments have different fees for each event but range from \$150 for a USSA (United States Softball Association) registered team up to \$250 for a non-registered team.

Dates: April 21-22 Spring Swing Coed Tournament Dates: May 12-13 Women's Firecracker Tournament Men's Firecracker Tournament
Dates: June 23-24
Men's Firecracker Tournament
Dates: June 30, July 1, 3 & 4
Battle of the Bats Coed Tournament Dates: October 6-7 For More Info: 852-7635



## Men's Flag Football:

This league is open at four levels of play: Men's Open, Men's Division I, Men's Rec, and Men's Division II.

Registration neghns: only 5-August 10
Play Begins: August 29
Registration Fees: \$350 per team (guaranteed eight games including post-season tournament.)
Mondays- Men's Division I
Tuesdays- Men's Rec
Wednesdays- Men's Opinion II
Thursdays- Men's Open
For More Info: 852-7635



Public Tennis Program:
Offered through the Provo Parks and Recreation division, this tennis program is open to beginners through serious players. Two instructors will be appeared to the program is open to be accepted. present at each session.



Four Week Lessons Cost: \$30 (includes T-shirt) Days: Tuesdays & Thursdays Session 1: June 13 - July 8 \*No lesson will be held July 4 Session 2: July 11 - August 4

Public Tennis courts also found at: Timpview High 3570 N. 650 East 7 a.m. to 7 p.m.

Riverview Park 4620 N. 300 West 7 a.m. to 7 p.m.

Rotary Park 1460 N. 1550 West 7 a.m. to 7 p.m.

For More Info: 852-7635

The Center, located at 351 West Center Street in Provo also offers programs for yoga, kickboxing, break dancing, guitar, dance, and cheerleading.
\*For all you runners out there, www.trailrun.com has a list of up-to-date running events for Utah Valley.

With so many programs to choose from, there is something for you! So get out there and have a great summer!

# Steps of an Effective Workout

The summer is a great time to improve yourself! Studies have shown that during the summer we burn more calories because we are more apt to participate in outdoor activities (not to mention that we usually want to look good in shorts and bathing suits).

This is the time of year to get in shape and create good habits... so you are more likely to keep your fitness goals during the rest of the year. Use the following four steps in your workout (use at least three times a week) to effectively burn fat, build muscle and get in the best shape of your

1. Warm Up (10-15 minutes) Use your warm-up time to bring up your core temperature. Be careful not to exceed 15 minutes of warm up, or you'll not have as much strength for the following

2. Strength Training (25-40 minutes) Use weights or an exercise ball to increase your lean body mass. Strength training will work like a furnace to burn the fat on your body. 3. Cardio (at least 15 minutes) By doing cardio in your target heart rate zone, you will keep your me-

tabolism up at a higher level for 6-15 hours. Cardio will also help you get rid of 50 percent of the lactic acid you accumulated in your workout. Make sure to do at least a minimum of 15 minutes. 4. Flexibility (5-10 minutes) Take 5-10 minutes to stretch after your cardio. This will help elongate your muscle fibers and will increase your range of motion. Stretching will also help relax the muscles you worked out during strength training and cardio.

Jed Hanson, the owner of Fitness Pros is one of the best fitness trainers in Utah. Currently he is the Head Strength & Condi-tioning Coach for the UVSC Hockey Team and the Corporate Trainer for Tahitian Noni. Over the past few years, Jed has trained several Mrs. & Ms. Utah's, been

the Head Strength & Conditioning Coach for the BYU Ice Cats, and has worked with Nu Skin and Nature Sunshine Jed has been in the fitness business for 25 years.





Exterior Top Features: 1. TRD Off Road Package 2. 4" Tough Country Lift 3. Ultra Wheels 4. 33" Toyo Off Road Tires 5. Turbo Liner 6. Roll N' Lock Tonneau Cover 7. Limo Tint Interior Top Features: 8. Heated Custom Two Tone Leather Seats 9. Alpine In Dash Touch Screen DVD Player 10. Alpine Center Channel Speaker (for 5.1 Surround) 11. Alpine Type S 6.5 Separates up Front and 6" Coax in the Rear 12. Alpine 10.2" Overhead Video LCD 13. 8" Rockford Fosgate Subwoofer 14. Alpine 5 Channel 600 watt Digital Amplifier and V-Power Theater Amplifier

Show us your ride! Submit your car to info@schooledmagazine.com or visit our website at www.schooledmagazine.com and click on Submit Your Stuff.



1. Stop eating breakfast. It's not really the most important meal of the day, that's just a myth perpetuated by the cereal companies. When's the last time you had a breakfast date? No one

of the opposite sex = a wasted meal.

2. Look like a hobo. If you currently shop at the Gap, switch to Old Navy. If you shop at Old Navy switch to DI. If you shop at DI switch to stealing your roommate's clothes. The hobo look is totally in, so the shabbier you look the

3. Get on welfare. This could really save \$\$\$!
4. Stop paying rent. You've got friends and they've got couches. If no one's sleeping on them they're just going to waste. If you don't have friends (I'm looking at you engineering majors), you can construct a nice cardboard box fort to summer in. Props if you stay there during the winter too.

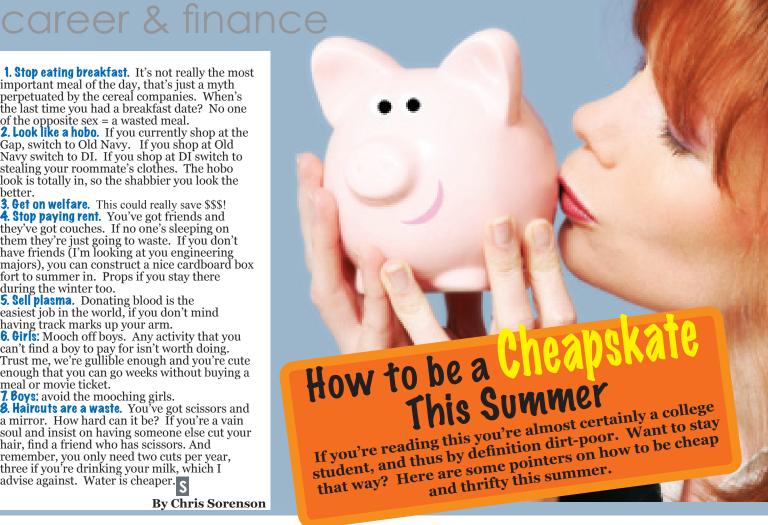
5. Sell plasma. Donating blood is the easiest job in the world, if you don't mind having track marks up your arm.

6. Girls: Mooch off boys. Any activity that you can't find a boy to pay for isn't worth doing. Trust me, we're gullible enough and you're cute enough that you can go weeks without buying a meal or movie ticket.

**7. Boys:** avoid the mooching girls.

8. Haircuts are a waste. You've got scissors and a mirror. How hard can it be? If you're a vain soul and insist on having someone else cut your hair, find a friend who has scissors. And remember, you only need two cuts per year, three if you're drinking your milk, which I advise against. Water is cheaper.

**By Chris Sorenson** 





career & finance

**1. Go skydiving.** You know you want to. And how else can you spend a couple hundred bucks for a couple minutes of entertainment?

**2. Buy novelty T-shirts.** Sure you could scour DI for that trendy novelty T. But who has time to go to DI? Just get online and spend 10 times more to have it shipped to your door. Make sure to get overnight delivery.

**3.60 to Vegas.** Perhaps the only activity that is less cost-efficient than skydiving. But trust me; the complimentary drinks are worth every penny.

**4. Donate to the Send-Chris-to-Med-School Foundation.** Remember, he may be working on you someday. Isn't your health worth your money?

5. Throw extravagant dinner parties. Invite all your friends, and with your new-found affluence you should have a lot more. Feast and speak in British accents. Instead of Western Family and Sam's Choice, buy the actual name brand foods. Don't worry; they'll still taste the same.

**6. Go see first-run movies.** You rich people get to see movies months before us poor slobs. Plus there's no line since the rest of us are standing outside Movies 8.

7. Bathe in Jamba Juice. It's great for the skin and the delightful fruit scent will stay with you all day. Aloha Pineapple works best.

8. Girls dig if when you give them your number written on a 10. Plus they may spend the bill, and another even cuter girl could get your number.
9. Shop exclusively at your campus bookstore.
10. Ponate to the Buy-Chris-an-Xbox360 Foundation. It doesn't have quite the humanitarian reputation of other charities, but I'm pretty sure you'll still get that warm fuzzy feeling inside.

By Chris Sorenson







The Next Stage®

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Mon.	Tues.	Wed.	Thurs.	Friday	Saturday	
6:30PM Toy Story 2 Movie at Tahilian Noni. FREE. First Day Utah Valley Parade of Homes	Open Acoustic Night at Velour (velourlive.com) 6PM The Aquabats @ In the Venue 7PM BYU Baseball in Provo 3PM UVSC Baseball in SLC	Go Paintballing on 1500 Slate Canyon Drive in Provo (free field)		Utah Blaze Arena Football vs. Kansas City Brigade @ Delta Center 8PM Return To Sender Concert at Velour (velourlive.com) 7PM BYU Baseball in Provo 7:30 PM BYU Evening of Dance @ de Jong Concert Hall	Mrs. Utah Pageant at Thanksgiving Point 1PM BYU Baseball BYU Men's Track 7:30PM BYU Evening of Dance @ de Jong Concert Hall 7:30PM 2nd Semi-Annual Utah Idol Competition @ Art City Playhouse 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	
6:30PM Nanny McPhee Movie at Tahifian Noni. FREE.	8PM Starlight Mints w/ Dios Malos, The Octopus Project Concert at Velour (velourlive.com) 7PM Baseball UVSC & BYU in Provo	Rent a bicycle and coast down the Provo River Trail	12PM BYU Baseball in SLC	6-9PM Thanksgiving Point "Cruise Nights." See 100's of classic cars! "Da Vinci Code" out in Theaters! 12PM BYU Baseball in SLC 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	9AM Move Your Mountain Tahitian Noni 5k Race 7PM Real Salt Lake Soccer vs. Kansas City Wizards 7PM Black Eyed Peas @ E Center of WVC 12PM BYU Baseball in SLC	
6:30PM Tarzan Movie at Tahitian Noni. FREE.	Open Acoustic Night at Velour (velourlive.com)	Visit the Alpine Ken Craft Candy Factory for a sweet four (www. kencraftcandy. com)	Explore the Mount Timpanogos Caves and hike up to find three of the most spectacularly decorated caverns in the state (www.nps. gov/tica/)	9PM-1AM Seven Peaks Pool Party 8pm Uzi & Ari Concert at Velour (velourlive.com) "X Men: The Last Stand" out in Theaters! 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	Seven Peaks Grand Opening!  2PM Real Salt Lake Soccer vs.  Colorado Rapids 7:30PM Local Band, Allred at Tahitian Noni.  BYU Men's Track in Provo 8 & 10:15PM ComedySportz Shows (36 W.  Center St.)  Color Me Mine Date Night Specials (Provo Riverwoods)	
Memorial Day Holiday	Volleyball Tournament- Memorial Madness at UVSC Soccer Field (uova.com) Open Acoustic Night at Velour (velourlive.com)	Head to SLC and enjoy Temple Square, listen to street musicians and watch street performers	Head to the Lagoon and ride the roller coasters (lagoonpark.com)	6-8PM Seven Peaks Summer Concert Series. Local Bands & Swimming Provo First Fridays Downtown Gallery Stroll (Center St.) 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	fireworks, etc. 50 South Main Street.	
7PM Provo Free Outdoor Concert (500 N. 500W.) 7PM BYU Baseball	Hit the Bowling Lanes at Fat Cats (on University Ave.)	7:30PM INXS Concert at the Delta Center	Putt around at Tra- falga Miniature Golf (off of Orem Center Street)	Orem Summerfest. Carnival, entertainment, parade, fireworks, etc. (summerfest.orem.org) 6-8PM Seven Peaks Summer Concert Series. Local Bands & Swimming Orem Summerfest 9PM Acoustic Alchemy @ The Depot	Battle of the Bands Final Competition at Velour (velourlive.com) Orem Summerfest. Carnival, entertainment, parade, fireworks, etc. (summerfest.orem.org) 7AM Pedalfest Cross-Country Mountain Bike Race in Deer Valley (intermountaincup.com)	7
Strawberry Days & Rodeo. 65 E. 200 S. Pleasant Grove 7PM Provo Free Outdoor Concert (500 N. 500W.) BYU Baseball @ TBA	Open Acoustic Night at Velour (velourlive.	9PM Outdoor Movie Legend of Zoro at Scera The- ater (scera.org)	Take a tour of the Sri Sri Rahada Krishna Temple in Spanish Fork and learn about a new religion (Utahkrishnas. com)	Strawberry Days & Rodeo. 65 E. 200 S. Pleasant Grove 9PM-1AM Seven Peaks Pool Party 8PM Taught Me Concert at Velour (velourlive.com) "Nacho Liebre" out in Theaters! Freedom Festival Fine Arts Opening Reception 5PM Relay For Life in Orem	Strawberry Days & Rodeo. 65 E. 200 S. Pleasant Grove 7AM Provo Riverwoods 10 Mile Run (trailrun.com) 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	
7PM Provo Free Outdoor Concert (500 N. 500W.)		9PM Outdoor Movie Phantom of the Opera at Scera Theater (scera.org) 7PM Kenny Chesney @ USANA Amphitheater	7PM Orem Owlz baseball vs. Ogden Raptors Lehi Round-up 2006 Rodeo 200 N. 500 W. Lehi	6-8PM Seven Peaks Summer Concert Series. Lehi Round-up 2006 Rodeo 7PM Orem Owlz baseball vs. Ogden Raptors 8PM Another Statistic Concert at Velour (velourlive.com) Wasatch Back Relay (wasatchbackrelay.com)	Lehi Round-up 2006 Rodeo 200 N. 500 W. Lehi 7PM Real Salt Lake Soccer vs. New England Revolution 2nd Annual Running with Angels 5k (runningwithangels.com) 9AM Baby Contest! @ University Mall in Orem	
7PM Provo Free Outdoor Concert (500 N. 500W.) BYU Baseball in Omaha, NE		7PM Orem Owlz baseball vs. Ogden Raptors	Put all of the windows down, and enjoy summer by taking a drive down Price Canyon	6-8PM Seven Peaks Summer Concert Series. Local Bands & Swimming "Superman Returns" out in Theaters! 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	7:30PM Stadium of Fire, Freedom Days kickoff with huge fireworks show at LaVell Edwards Stadium Volleyball Tournament- Freedom Festival (uova.com) @ UVSC Soccer Field 6:30AM Balloon Festival @ Fox Field in Provo	

Mon.	Tues.	Wed.	Thurs.	Friday	Saturday	
3	Independence Day! 6:30AM Balloon Fest. Freedom Blvd, Provo. 9AM Freedom Days,	5	See an elephant, visit Utah's famous Hogle	7	9PM-1AM Seven Peaks Summer Movie Night. Swimming & Big Screen Movie First day of 21st Annual World Folk Fest in Sprinaville	
7PM Provo Free Outdoor Concert Bluesky Concert Series	Grand Parade, Provo 8PM Real Salt Lake Soccer vs. Chivas USA 6:45 AM Freedom Run © Kiwanis Park in Provo	Watch or do some sweet tricks, check out the Provo Skate	Zoo	9PM-1AM Seven Peaks Pool Party Provo First Fridays Downtown Gallery Stroll (Center St.) "Pirates of the Caribbean: Dead Manie Cheet" out in Deaders!	8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	
Series 6:30AM Balloon Festival @ Fox Field in Provo	4	Park (208 N. 2050 W.)	6	Man's Chest" out in Theaters! 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	8	
7PM Provo Free Outdoor Concert (500 N. 500W.) First day of Spanish Fork	7PM Orem Owlz vs.	9PM Outdoor Movie Batman Begins at Scera Theater (scera.org)	13 7PM Orem Owlz vs.	6-8PM Seven Peaks Summer Concert Series. Local Bands & Swimming 7PM Orem Owlz vs. Helena Brewers	15 9PM-1AM Seven Peaks Summer Movie	
Fiesta Days in Spanish Fork	Missoula Osprey Open Acoustic Night at Velour (velourlive.com)	10	Missoula Osprey	8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	Night. Swimming & Big Screen Movie 4pm 12th Annual Llama Festival at the Krishna Temple (utahkrishnas.com) 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo	
17	Open Acoustic Night at Velour	10	Play Ultimate Frisbee	<u>14</u>	Riverwoods)  Bicknell International Film Festival	
7PM Provo Free Outdoor Concert	(velourlive.com)	9PM Outdoor Movie Princess	at Kiwanis Park by Wasatch Elementary	6-8PM Seven Peaks Summer Concert Series. Local Bands &	(www.waynetheatre.com) 8PM Real Salt Lake Soccer vs. FC Dallas Spanish Fork Fiesta Days! Rodeo and Entertainment 475 S. Main Street. 8 & 10:15PM ComedySportz Shows (36 W.	
(500 N. 500W.)	10	Bride at Scera Theater (scera.org)	20	Swimming Spanish Fork Fiesta Days! Rodeo and Entertainment 475 S. Main Street.	Center St.) Color Me Mine Date Night Specials (Provo Riverwoods)	
9AM-2PMProvo		7PM Real Salt Lake	20	6-8PM Seven Peaks Summer	22	
Pioneer Day Celebration at Pioneer Park 7PM Provo Free Outdoor Concert	7PM Orem Owlz vs. Casper Rockies	Soccer vs. Chivas USA 7PM Orem Owlz vs. Casper Rockies	orali Coomy rail ai	Concert Series. Local Bands & Swimming Deer Valley Music Festival with Utah Symphony and Mormon Tabernacle Choir	Deer Valley Music Festival with Utah Symphony and Mormon Tabernacle Choir	
(500 N. 500W.) 6:00 PM Panic! At The Disco in the Venue	Open Acoustic Night at Velour (velourlive.com)	0 /	Thanksgiving Point	8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials	19th Annual Rock and Blues Festival at Snowbird Resort. FREE. 7PM Orem Owlz vs. IDF 7PM Real Salt Lake Soccer vs. D.C. United	
24	Open Acoustic Night	26		28	8PM Tim McGraw & Faith Hill Concert	
31	at Velour (velourlive.com)	7PM Champions	Float Down Provo River in a tube or a raft	6-8PM Seven Peaks Summer	at Delta Center 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo	
	4	on Ice at the Delta Center		Concert Series. Local Bands & Swimming Provo First Fridays Downtown Gallery Stroll (Center St.) 8PM Tim McGraw & Faith Hill	Riverwoods)	
8:30-11PM Provo		7PM Orem Owlz	3	Concert at Delta Center	5	
FREE Movies in The Park: Jumanji (500 W. 500 N.)	Open Acoustic Night	vs. Ogden Raptors 9PM Outdoor Movie Pride &	7PM Orem Owlz vs.	7PM Orem Owlz vs. Idaho Falls 6-8PM Seven Peaks Summer Concert Series. Local Bands & Swimming 8 & 10:15PM ComedySportz Shows	14th Annual Marathon Provo River 1/2	
	af Velour (velourlive.com)	Theater (scera.org)	Ogden Raptors	(36 W. Center St.)	Marathon (trailrun.com) 8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials (Provo	
7		9		- 11	Riverwoods)	5
14	Open Acoustic Night at Velour (velourlive.com) It's almost back-to-	16	Take a train ride on the Heber Creeper (Hebervalleyrr.org)	18	28th Annual Bicycle Hill Climb at Snowbird Resort 7PM Real Salt Lake Soccer vs. Houston Dynamo	
7PM Orem Owlz vs. Idaho Falls 8:30-11pm Provo FREE Movies in The Park: Wizard of Oz		Movie King Kong at Scera Theater (scera.org)		7:30PM Deer Valley Music Festival Utah Symphony 6-8PM Seven Peaks Summer Concert Series. Local Bands &	8 & 10:15PM ComedySportz Shows (36 W. Center St.) Color Me Mine Date Night Specials	
(500 W. 500 N.)	15		17	Swimming	19	
8:30-11PM Provo FREE Movies: Peter Pan (500 W. 500 N.)	22 Open Acoustic Night at Velour	Play billiards at local pool hall, Ozz (Freedom Ave.)	24 7PM Orem Owlz vs Billings Mustangs	7PM Orem Owlz vs Billings Mustangs 6-8PM Seven Peaks Summer Concert Series. Local Bands &	26 12-6PM 34th Annual Octoberfest at Snowbird	
21 28	7:00 PM Ben Harper @ USANA Amphitheater  Open Acoustic Night at Velour	23 30	The 17th Annual	Swimming 25 Co to echoolo		
8:30-11PM Provo FREE Movies: Swiss Family Robinson (500 W. 500 N.)	(velourlive.com)	6-8PM Seven Peaks Concert Series. Dave Matthews Band @ USANA Amphitheater	Storytelling Festival	get more in	dmagazine.com to for on the events.	



WATERPARK

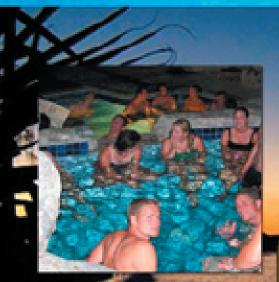


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